

DELTA LEAGUE
2026 VARSITY, JUNIOR VARSITY FLAG FOOTBALL SCHEDULE

WEDNESDAY, SEPTEMBER 2

Franklin	@	Elk Grove
Pleasant Grove	@	Consumnes Oaks
Sheldon	@	Monterey Trail
Laguna Creek	BYE	

WEDNESDAY, SEPTEMBER 30

Elk Grove	@	Franklin
Cosumnes Oaks	@	Pleasant Grove
Monterey Trail	@	Sheldon
Laguna Creek	BYE	

WEDNESDAY, SEPTEMBER 9

Laguna Creek	@	Pleasant Grove
Sheldon	@	Franklin
Cosumnes Oaks	@	Monterey Trail
Elk Grove	BYE	

MONDAY, OCTOBER 5

Pleasant Grove	@	Laguna Creek
Franklin	@	Sheldon
Monterey Trail	@	Cosumnes Oaks
Elk Grove	BYE	

MONDAY, SEPTEMBER 14

Monterey Trail	@	Franklin
Laguna Creek	@	Sheldon
Pleasant Grove	@	Elk Grove
Consumnes Oaks	BYE	

WEDNESDAY, OCTOBER 7

Franklin	@	Monterey Trail
Sheldon	@	Laguna Creek
Elk Grove	@	Pleasant Grove
Cosumnes Oaks	BYE	

WEDNESDAY, SEPTEMBER 16

Sheldon	@	Cosumnes Oaks
Franklin	@	Pleasant Grove
Laguna Creek	@	Elk Grove
Monterey Trail	BYE	

MONDAY, OCTOBER 12

Cosumnes Oaks	@	Sheldon
Pleasant Grove	@	Franklin
Elk Grove	@	Laguna Creek
Monterey Trail	BYE	

MONDAY, SEPTEMBER 21

Elk Grove	@	Sheldon
Monterey Trail	@	Laguna Creek
Franklin	@	Cosumnes Oaks
Pleasant Grove	BYE	

WEDNESDAY, OCTOBER 14

Sheldon	@	Elk Grove
Laguna Creek	@	Monterey Trail
Cosumnes Oaks	@	Franklin
Pleasant Grove	BYE	

WEDNESDAY, SEPTEMBER 23

Pleasant Grove	@	Monterey Trail
Cosumnes Oaks	@	Elk Grove
Laguna Creek	@	Franklin
Sheldon	BYE	

MONDAY, OCTOBER 19

Monterey Trail	@	Pleasant Grove
Elk Grove	@	Cosumnes Oaks
Franklin	@	Laguna Creek
Sheldon	BYE	

MONDAY, SEPTEMBER 28

Cosumnes Oaks	@	Laguna Creek
Elk Grove	@	Monterey Trail
Sheldon	@	Pleasant Grove
Franklin	BYE	

WEDNESDAY, OCTOBER 21

Laguna Creek	@	Cosumnes Oaks
Monterey Trail	@	Elk Grove
Pleasant Grove	@	Sheldon
Franklin	BYE	

Dead Period: July 1 - July 14
Out of Season Period: July 15 - Aug. 2
Practice Begins: August 3
First Scrimmage: August 14
First Contest: August 19
Last Contest: October 22

Varsity Game Time: 7:00pm

Delta League Rep: Jeremiah Taylor, Pleasant Grove
Athletic Director Rep: Jeremiah Taylor, Pleasant Grove