

**DELTA LEAGUE  
2026-27 VARSITY WRESTLING SCHEDULE**

**TUESDAY, JANUARY 12**

**Elk Grove HS**

Cosumnes Oaks v Elk Grove; Cosumnes Oaks v Pleasant Grove  
Elk Grove v Pleasant Grove

**TUESDAY, JANUARY 12**

**Franklin HS**

Mat #1: Sheldon v Franklin; Sheldon v Laguna Creek  
Mat #2: Monterey Trail v Laguna Creek; Monterey Trail v Franklin

**TUESDAY, JANUARY 19**

**Laguna Creek HS**

Elk Grove v Laguna Creek; Elk Grove v Franklin  
Laguna Creek v Franklin

**TUESDAY, JANUARY 19**

**Pleasant Grove HS**

Mat #1: Pleasant Grove v Monterey Trail; Pleasant Grove v Sheldon  
Mat #2: Sheldon v Cosumnes Oaks; Monterey Trail v Cosumnes Oaks

**TUESDAY, JANUARY 26**

**Sheldon HS**

Sheldon v Monterey Trail; Elk Grove v Monterey Trail  
Sheldon v Elk Grove

**TUESDAY, JANUARY 26**

**Cosumnes Oaks HS**

Mat #1: Franklin v Pleasant Grove; Franklin v Cosumnes Oaks  
Mat #2: Cosumnes Oaks v Laguna Creek; Pleasant Grove v Laguna Creek

**Dead Period:** July 1 - July 14

**Out of Season Period:** Oct. 12 - Nov. 1

**Practice Begins:** November 2

**First Scrimmage:** November 13

**First Contest:** November 20

**Last Contest:** February 6

**Meet Start Times**

Weigh-in @ 4:00 PM

Start Time: 5:00 PM

Section Team Championships: Saturday, Jan. 30; (B) @ TBD; (G) @ TBD

Delta League Meet: February 6 @ Monterey Trail; Weigh-In at 7am; Matches begin at 9am

**Delta League Rep:** Jay Viodes, Pleasant Grove  
**Athletic Director Rep:** Jeremiah Taylor, Pleasant Grove