

**DELTA LEAGUE**  
**2026 VARSITY, JUNIOR VARSITY FOOTBALL SCHEDULE (REVISED 10/10/25)**

**FRIDAY, SEPTEMBER 25**

Monterey Trail	@	Elk Grove
Cosumnes Oaks	@	Franklin
Laguna Creek	@	Pleasant Grove
Sheldon	BYE	

**FRIDAY, OCTOBER 23**

Laguna Creek	@	Elk Grove
Pleasant Grove	@	Franklin
Cosumnes Oaks	@	Sheldon
Monterey Trail	BYE	

**FRIDAY, OCTOBER 2**

Laguna Creek	@	Monterey Trail
Pleasant Grove	@	Sheldon
Franklin	@	Elk Grove
Cosumnes Oaks	BYE	

**FRIDAY, OCTOBER 30**

Pleasant Grove	@	Cosumnes Oaks
Franklin	@	Monterey Trail
Elk Grove	@	Sheldon
Laguna Creek	BYE	

**FRIDAY, OCTOBER 9**

Franklin	@	Laguna Creek
Elk Grove	@	Cosumnes Oaks
Sheldon	@	Monterey Trail
Pleasant Grove	BYE	

**FRIDAY, NOVEMBER 6**

Elk Grove	@	Pleasant Grove
Sheldon	@	Laguna Creek
Monterey Trail	@	Cosumnes Oaks
Franklin	BYE	

**FRIDAY, OCTOBER 16**

Sheldon	@	Franklin
Monterey Trail	@	Pleasant Grove
Cosumnes Oaks	@	Laguna Creek
Elk Grove	BYE	

**Dead Period:** July 1 - July 14  
**Out of Season Period:** July 15 - August 2  
**Practice Begins:** August 3  
**First Scrimmage:** August 21  
**First Game:** August 26  
**Last Game:** November 7

**JV Game Time:** 5:00pm  
**Varsity Game Time:** 7:15pm

**Delta League Rep:** John Heffernan, Elk Grove  
**Athletic Director Rep:** John Heffernan, Elk Grove