

DELTA LEAGUE
2025 WOMEN'S VARSITY, JUNIOR VARSITY VOLLEYBALL SCHEDULE

TUESDAY, SEPTEMBER 9

Pleasant Grove	@	Laguna Creek
Franklin	@	Sheldon
Monterey Trail	@	Cosumnes Oaks
Elk Grove	BYE	

THURSDAY, SEPTEMBER 11

Franklin	@	Monterey Trail
Sheldon	@	Laguna Creek
Elk Grove	@	Pleasant Grove
Cosumnes Oaks	BYE	

TUESDAY, SEPTEMBER 16

Cosumnes Oaks	@	Sheldon
Pleasant Grove	@	Franklin
*Elk Grove	@	Laguna Creek
Monterey Trail	BYE	

THURSDAY, SEPTEMBER 18

Sheldon	@	Elk Grove
Laguna Creek	@	Monterey Trail
Cosumnes Oaks	@	Franklin
Pleasant Grove	BYE	

TUESDAY, SEPTEMBER 23

Monterey Trail	@	Pleasant Grove
Elk Grove	@	Cosumnes Oaks
Franklin	@	Laguna Creek
Sheldon	BYE	

THURSDAY, SEPTEMBER 25

Laguna Creek	@	Cosumnes Oaks
Monterey Trail	@	Elk Grove
Pleasant Grove	@	Sheldon
Franklin	BYE	

TUESDAY, SEPTEMBER 30

Elk Grove	@	Franklin
Cosumnes Oaks	@	Pleasant Grove
Monterey Trail	@	Sheldon
Laguna Creek	BYE	

Dead Period: July 1 - July 14
Limited Period: July 15 - Aug 3
Practice Begins: August 4
First Scrimmage: August 15
First Contest: August 22
Last Contest: October 23

THURSDAY, OCTOBER 2

Laguna Creek	@	Pleasant Grove
Sheldon	@	Franklin
Cosumnes Oaks	@	Monterey Trail
Elk Grove	BYE	

TUESDAY, OCTOBER 7

Monterey Trail	@	Franklin
Laguna Creek	@	Sheldon
Pleasant Grove	@	Elk Grove
Cosumnes Oaks	BYE	

THURSDAY, OCTOBER 9

Sheldon	@	Cosumnes Oaks
Franklin	@	Pleasant Grove
*Laguna Creek	@	Elk Grove
Monterey Trail	BYE	

TUESDAY, OCTOBER 14

Elk Grove	@	Sheldon
Monterey Trail	@	Laguna Creek
Franklin	@	Cosumnes Oaks
Pleasant Grove	BYE	

THURSDAY, OCTOBER 16

Pleasant Grove	@	Monterey Trail
Cosumnes Oaks	@	Elk Grove
Laguna Creek	@	Franklin
Sheldon	BYE	

TUESDAY, OCTOBER 21

Cosumnes Oaks	@	Laguna Creek
Elk Grove	@	Monterey Trail
Sheldon	@	Pleasant Grove
Franklin	BYE	

THURSDAY, OCTOBER 23

Franklin	@	Elk Grove
Pleasant Grove	@	Cosumnes Oaks
Sheldon	@	Monterey Trail
Laguna Creek	BYE	

*Games reversed to avoid
 4pm Flag FB start @ Elk Grove

Game Times: F: 4:30; JV: 5:30; V: 6:30 (Pleasant Grove, Franklin & Monterey Trail: F/JV 4:30 & V 6:00)

Sections: TBD @ Home Sites
Nor Cal: TBD @ Home Sites
State: TBD

Delta League Rep: Kristen Williams, Franklin
Athletic Director Rep: Mike Cody, Franklin