

**DELTA LEAGUE**  
**2026 MEN'S VARSITY, JUNIOR VARSITY VOLLEYBALL SCHEDULE**

**TUESDAY, MARCH 3**

Laguna Creek	@	Franklin
Elk Grove	@	Sheldon
Cosumnes Oaks	@	Pleasant Grove
Monterey Trail	BYE	

**THURSDAY, APRIL 2**

Franklin	@	Laguna Creek
Sheldon	@	Elk Grove
Pleasant Grove	@	Cosumnes Oaks
Monterey Trail	BYE	

**THURSDAY, MARCH 5**

Sheldon	@	Monterey Trail
Franklin	@	Cosumnes Oaks
Pleasant Grove	@	Elk Grove
Laguna Creek	BYE	

**TUESDAY, APRIL 7**

Monterey Trail	@	Sheldon
Cosumnes Oaks	@	Franklin
Elk Grove	@	Pleasant Grove
Laguna Creek	BYE	

**TUESDAY, MARCH 10**

Pleasant Grove	@	Sheldon
Laguna Creek	@	Elk Grove
Franklin	@	Monterey Trail
Cosumnes Oaks	BYE	

**THURSDAY, APRIL 9**

Sheldon	@	Pleasant Grove
Elk Grove	@	Laguna Creek
Monterey Trail	@	Franklin
Cosumnes Oaks	BYE	

**THURSDAY, MARCH 12**

Cosumnes Oaks	@	Laguna Creek
Monterey Trail	@	Pleasant Grove
Elk Grove	@	Franklin
Sheldon	BYE	

**TUESDAY, APRIL 14**

Laguna Creek	@	Cosumnes Oaks
Pleasant Grove	@	Monterey Trail
Franklin	@	Elk Grove
Sheldon	BYE	

**TUESDAY, MARCH 24**

Elk Grove	@	Cosumnes Oaks
Sheldon	@	Franklin
Monterey Trail	@	Laguna Creek
Pleasant Grove	BYE	

**THURSDAY, APRIL 16**

Cosumnes Oaks	@	Elk Grove
Franklin	@	Sheldon
Laguna Creek	@	Monterey Trail
Pleasant Grove	BYE	

**THURSDAY, MARCH 26**

Franklin	@	Pleasant Grove
Cosumnes Oaks	@	Monterey Trail
Laguna Creek	@	Sheldon
Elk Grove	BYE	

**TUESDAY, APRIL 21**

Pleasant Grove	@	Franklin
Monterey Trail	@	Cosumnes Oaks
Sheldon	@	Laguna Creek
Elk Grove	BYE	

**TUESDAY, MARCH 31**

Monterey Trail	@	Elk Grove
Pleasant Grove	@	Laguna Creek
Sheldon	@	Cosumnes Oaks
Franklin	BYE	

**THURSDAY, APRIL 23**

Elk Grove	@	Monterey Trail
Laguna Creek	@	Pleasant Grove
Cosumnes Oaks	@	Sheldon
Franklin	BYE	

**Dead Period:** July 1 - July 14  
**Limited Period:** Jan. 12 - Feb. 1  
**Practice Begins:** February 2  
**First Scrimmage:** February 13  
**First Contest:** February 20  
**Last Contest:** April 23

**Game Times:** JV: 4:30; V: 5:30

**Section Playoffs:** TBD  
**Section Finals:** TBD  
**NorCal Playoffs:** TBD

**Delta League Rep:** Brian Contreas, Pleasant Grove  
**Athletic Director Rep:** Jeremiah Taylor, Pleasant Grove