

**DELTA LEAGUE
2025-26 VARSITY WRESTLING SCHEDULE**

TUESDAY, JANUARY 13

Laguna Creek HS

Pleasant Grove v Laguna Creek; Pleasant Grove v Cosumnes Oaks
Laguna Creek v Cosumnes Oaks

TUESDAY, JANUARY 13

Sheldon HS

Mat #1: Monterey Trail v Sheldon; Monterey Trail v Elk Grove
Mat #2: Franklin v Elk Grove; Franklin v Sheldon

TUESDAY, JANUARY 20

Elk Grove HS

Laguna Creek v Elk Grove; Laguna Creek v Sheldon
Elk Grove v Sheldon

TUESDAY, JANUARY 20

Cosumnes Oaks HS

Mat #1: Cosumnes Oaks v Franklin; Cosumnes Oaks v Monterey Trail
Mat #2: Monterey Trail v Pleasant Grove; Franklin v Pleasant Grove

TUESDAY, JANUARY 27

Monterey Trail HS

Monterey Trail v Franklin; Laguna Creek v Franklin
Monterey Trail v Laguna Creek

TUESDAY, JANUARY 27

Pleasant Grove HS

Mat #1: Sheldon v Cosumnes Oaks; Sheldon v Pleasant Grove
Mat #2: Pleasant Grove v Elk Grove; Cosumnes Oaks v Elk Grove

Dead Period: July 1 - July 14
Limited Period: Oct. 13 - Nov. 2
Practice Begins: November 3
First Scrimmage: November 14
First Contest: November 21
Last Contest: February 9

Meet Start Times

Weigh-in @ 4:00 PM
Start Time: 5:00 PM

Section Team Championships: Saturday, Jan. 31; (B) @ TBD; (G) @ TBD
Delta League Meet: February 7 @ Franklin; Weigh-In at 7am; Matches begin at 9am
Divisional: February 13-14; (B) @ TBD; (G) @ TBD
Masters: February 20-21 @ Stockton Arena
State: February 27-28 @ Mechanics Bank Arena

Delta League Rep: Jay Viodes, Pleasant Grove
Athletic Director Rep: Jeremiah Taylor, Pleasant Grove