

DELTA LEAGUE
2025-26 WOMEN'S VARSITY, JUNIOR VARSITY SOCCER SCHEDULE

WEDNESDAY, DECEMBER 17

Monterey Trail	@	Elk Grove
Franklin	@	Cosumnes Oaks
Pleasant Grove	@	Laguna Creek
Sheldon	BYE	

FRIDAY, JANUARY 23

Elk Grove	@	Monterey Trail
Cosumnes Oaks	@	Franklin
Laguna Creek	@	Pleasant Grove
Sheldon	BYE	

FRIDAY, DECEMBER 19

Elk Grove	@	Laguna Creek
Pleasant Grove	@	Sheldon
Monterey Trail	@	Cosumnes Oaks
Franklin	BYE	

MONDAY, JANUARY 26

Laguna Creek	@	Elk Grove
Sheldon	@	Pleasant Grove
Cosumnes Oaks	@	Monterey Trail
Franklin	BYE	

WEDNESDAY, JANUARY 6

Pleasant Grove	@	Monterey Trail
Sheldon	@	Laguna Creek
Franklin	@	Elk Grove
Cosumnes Oaks	BYE	

WEDNESDAY, JANUARY 28

Monterey Trail	@	Pleasant Grove
Laguna Creek	@	Sheldon
Elk Grove	@	Franklin
Cosumnes Oaks	BYE	

FRIDAY, JANUARY 9

Sheldon	@	Franklin
Laguna Creek	@	Monterey Trail
Cosumnes Oaks	@	Pleasant Grove
Elk Grove	BYE	

FRIDAY, JANUARY 30

Franklin	@	Sheldon
Monterey Trail	@	Laguna Creek
Pleasant Grove	@	Cosumnes Oaks
Elk Grove	BYE	

WEDNESDAY, JANUARY 14

Laguna Creek	@	Cosumnes Oaks
Monterey Trail	@	Franklin
Elk Grove	@	Sheldon
Pleasant Grove	BYE	

WEDNESDAY, FEBRUARY 4

Cosumnes Oaks	@	Laguna Creek
Franklin	@	Monterey Trail
Sheldon	@	Elk Grove
Pleasant Grove	BYE	

FRIDAY, JANUARY 16

Franklin	@	Pleasant Grove
Cosumnes Oaks	@	Elk Grove
Sheldon	@	Monterey Trail
Laguna Creek	BYE	

FRIDAY, FEBRUARY 6

Pleasant Grove	@	Franklin
Elk Grove	@	Cosumnes Oaks
Monterey Trail	@	Sheldon
Laguna Creek	BYE	

WEDNESDAY, JANUARY 21

Cosumnes Oaks	@	Sheldon
Elk Grove	@	Pleasant Grove
Laguna Creek	@	Franklin
Monterey Trail	BYE	

TUESDAY, FEBRUARY 10

Sheldon	@	Cosumnes Oaks
Pleasant Grove	@	Elk Grove
Franklin	@	Laguna Creek
Monterey Trail	BYE	

Dead Period: July 1 - July 14
Limited Period: Oct. 13 - Nov. 2
Practice Begins: November 3
First Scrimmage: November 14
First Contest: November 21
Last Contest: February 10

Game Times: JV: 4:30; V: 6:30

Section Playoffs: TBD
NorCal Regionals: TBD @ Home Sites

Delta League Rep: Rich Moorhouse, Pleasant Grove
Athletic Director Rep: Jeremiah Taylor, Pleasant Grove