

DELTA LEAGUE
2025-26 WOMEN'S VARSITY, JUNIOR VARSITY, FROSH BASKETBALL SCHEDULE

WEDNESDAY, JANUARY 7

Sheldon	@	Elk Grove
Franklin	@	Cosumnes Oaks
Pleasant Grove	@	Monterey Trail
Laguna Creek	BYE	

WEDNESDAY, JANUARY 28

Elk Grove	@	Sheldon
Cosumnes Oaks	@	Franklin
Monterey Trail	@	Pleasant Grove
Laguna Creek	BYE	

FRIDAY, JANUARY 9

Monterey Trail	@	Franklin
Cosumnes Oaks	@	Sheldon
Elk Grove	@	Laguna Creek
Pleasant Grove	BYE	

FRIDAY, JANUARY 30

Franklin	@	Monterey Trail
Sheldon	@	Cosumnes Oaks
Laguna Creek	@	Elk Grove
Pleasant Grove	BYE	

WEDNESDAY, JANUARY 14

Laguna Creek	@	Cosumnes Oaks
Sheldon	@	Monterey Trail
Franklin	@	Pleasant Grove
Elk Grove	BYE	

MONDAY, FEBRUARY 2

Cosumnes Oaks	@	Laguna Creek
Monterey Trail	@	Sheldon
Pleasant Grove	@	Franklin
Elk Grove	BYE	

FRIDAY, JANUARY 16

Pleasant Grove	@	Sheldon
Monterey Trail	@	Laguna Creek
Cosumnes Oaks	@	Elk Grove
Franklin	BYE	

WEDNESDAY, FEBRUARY 4

Sheldon	@	Pleasant Grove
Laguna Creek	@	Monterey Trail
Elk Grove	@	Cosumnes Oaks
Franklin	BYE	

WEDNESDAY, JANUARY 21

Elk Grove	@	Monterey Trail
Laguna Creek	@	Pleasant Grove
Sheldon	@	Franklin
Cosumnes Oaks	BYE	

FRIDAY, FEBRUARY 6

Monterey Trail	@	Elk Grove
Pleasant Grove	@	Laguna Creek
Franklin	@	Sheldon
Cosumnes Oaks	BYE	

FRIDAY, JANUARY 23

Cosumnes Oaks	@	Pleasant Grove
Elk Grove	@	Franklin
Laguna Creek	@	Sheldon
Monterey Trail	BYE	

WEDNESDAY, FEBRUARY 11

Laguna Creek	@	Franklin
Elk Grove	@	Pleasant Grove
Cosumnes Oaks	@	Monterey Trail
Sheldon	BYE	

MONDAY, JANUARY 26

Franklin	@	Laguna Creek
Pleasant Grove	@	Elk Grove
Monterey Trail	@	Cosumnes Oaks
Sheldon	BYE	

FRIDAY, FEBRUARY 13

Pleasant Grove	@	Cosumnes Oaks
Franklin	@	Elk Grove
Sheldon	@	Laguna Creek
Monterey Trail	BYE	

Dead Period: July 1 - July 14
Limited Period: Oct. 13 - Nov. 2
First Practice: November 3
First Scrimmage: November 14
First Contest: November 21
Last Contest: February 13

Game Times: JV: 5:00 p.m.; V: 6:30 p.m.

Playoffs: Sections: TBD
 Nor Cal: TBD @ Home Sites; Finals TBD
 State: TBD

Delta League Rep: James McKeever, Pleasant Grove
Athletic Director Rep: Jeremiah Taylor, Pleasant Grove