

DELTA LEAGUE
2025-26 MEN'S VARSITY, JUNIOR VARSITY, FROSH BASKETBALL SCHEDULE

WEDNESDAY, JANUARY 7

Elk Grove	@	Sheldon
Cosumnes Oaks	@	Franklin
Monterey Trail	@	Pleasant Grove
Laguna Creek	BYE	

WEDNESDAY, JANUARY 28

Sheldon	@	Elk Grove
Franklin	@	Cosumnes Oaks
Pleasant Grove	@	Monterey Trail
Laguna Creek	BYE	

FRIDAY, JANUARY 9

Franklin	@	Monterey Trail
Sheldon	@	Cosumnes Oaks
Laguna Creek	@	Elk Grove
Pleasant Grove	BYE	

FRIDAY, JANUARY 30

Monterey Trail	@	Franklin
Cosumnes Oaks	@	Sheldon
Elk Grove	@	Laguna Creek
Pleasant Grove	BYE	

WEDNESDAY, JANUARY 14

Cosumnes Oaks	@	Laguna Creek
Monterey Trail	@	Sheldon
Pleasant Grove	@	Franklin
Elk Grove	BYE	

MONDAY, FEBRUARY 2

Laguna Creek	@	Cosumnes Oaks
Sheldon	@	Monterey Trail
Franklin	@	Pleasant Grove
Elk Grove	BYE	

FRIDAY, JANUARY 16

Sheldon	@	Pleasant Grove
Laguna Creek	@	Monterey Trail
Elk Grove	@	Cosumnes Oaks
Franklin	BYE	

WEDNESDAY, FEBRUARY 4

Pleasant Grove	@	Sheldon
Monterey Trail	@	Laguna Creek
Cosumnes Oaks	@	Elk Grove
Franklin	BYE	

WEDNESDAY, JANUARY 21

Monterey Trail	@	Elk Grove
Pleasant Grove	@	Laguna Creek
Franklin	@	Sheldon
Cosumnes Oaks	BYE	

FRIDAY, FEBRUARY 6

Elk Grove	@	Monterey Trail
Laguna Creek	@	Pleasant Grove
Sheldon	@	Franklin
Cosumnes Oaks	BYE	

FRIDAY, JANUARY 23

Pleasant Grove	@	Cosumnes Oaks
Franklin	@	Elk Grove
Sheldon	@	Laguna Creek
Monterey Trail	BYE	

WEDNESDAY, FEBRUARY 11

Franklin	@	Laguna Creek
Pleasant Grove	@	Elk Grove
Monterey Trail	@	Cosumnes Oaks
Sheldon	BYE	

MONDAY, JANUARY 26

Laguna Creek	@	Franklin
Elk Grove	@	Pleasant Grove
Cosumnes Oaks	@	Monterey Trail
Sheldon	BYE	

FRIDAY, FEBRUARY 13

Cosumnes Oaks	@	Pleasant Grove
Elk Grove	@	Franklin
Laguna Creek	@	Sheldon
Monterey Trail	BYE	

Dead Period: July 1 - July 14
Limited Period: Oct. 13 - Nov. 2
First Practice: November 3
First Scrimmage: November 14
First Contest: November 21
Last Contest: February 13

Game Times: F: 4:30 p.m.; JV: 6:00 p.m.; V: 7:30 p.m.

Playoffs: Sections: TBD
 Nor Cal: TBD @ Home Sites; Finals TBD
 State: TBD

Delta League Rep: Ken Manfredi, Franklin
Athletic Director Rep: Mike Cody, Franklin