

DELTA LEAGUE

2025 VARSITY, JUNIOR VARSITY FOOTBALL SCHEDULE

FRIDAY, SEPTEMBER 19

Monterey Trail	@	Laguna Creek
Sheldon	@	Pleasant Grove
Elk Grove	@	Franklin
Cosumnes Oaks	BYE	

FRIDAY, OCTOBER 17

Cosumnes Oaks	@	Pleasant Grove
Monterey Trail	@	Franklin
Sheldon	@	Elk Grove
Laguna Creek	BYE	

FRIDAY, SEPTEMBER 26

Laguna Creek	@	Franklin
Cosumnes Oaks	@	Elk Grove
Monterey Trail	@	Sheldon
Pleasant Grove	BYE	

FRIDAY, OCTOBER 24

Pleasant Grove	@	Elk Grove
Laguna Creek	@	Sheldon
Cosumnes Oaks	@	Monterey Trail
Franklin	BYE	

FRIDAY, OCTOBER 3

Franklin	@	Sheldon
Pleasant Grove	@	Monterey Trail
Laguna Creek	@	Cosumnes Oaks
Elk Grove	BYE	

FRIDAY, OCTOBER 31

Elk Grove	@	Monterey Trail
Franklin	@	Cosumnes Oaks
Pleasant Grove	@	Laguna Creek
Sheldon	BYE	

FRIDAY, OCTOBER 10

Elk Grove	@	Laguna Creek
Franklin	@	Pleasant Grove
Sheldon	@	Cosumnes Oaks
Monterey Trail	BYE	

Dead Period: July 1 - July 14
Limited Period: July 15 - July 27
Practice Begins: July 28
First Scrimmage: August 15
First Game: August 22
Last Game: November 1

JV Game Time: 5:00pm
Varsity Game Time: 7:15pm

Section Playoffs: November 7, 14, 21; November 28/29
 NorCal Regionals: December 5-6 @ Home Sites
 State: December 12-13 @ TBD

Delta League Rep: John Heffernan, Elk Grove
Athletic Director Rep: John Heffernan, Elk Grove