

**DELTA LEAGUE
2025 VARSITY, JUNIOR VARSITY SWIM/DIVE SCHEDULE**

THURSDAY, MARCH 6

Monterey Trail (H) @ Franklin

FRIDAY, MARCH 7

Laguna Creek @ Cosumnes Oaks
Pleasant Grove @ Sheldon
Elk Grove BYE

TUESDAY, MARCH 11

Cosumnes Oaks @ Elk Grove

WEDNESDAY, MARCH 12

Laguna Creek @ Franklin
Monterey Trail (H) @ Sheldon
Pleasant Grove BYE

TUESDAY, MARCH 25

Monterey Trail @ Cosumnes Oaks
Sheldon BYE

WEDNESDAY, MARCH 26

Franklin @ Pleasant Grove
Elk Grove @ Laguna Creek

TUESDAY, APRIL 1

Sheldon @ Franklin

Dead Period: July 1- July 14
Limited Period: Jan. 13 - Feb. 9
Practice Begins: February 10
First Scrimmage: February 21
First Contest: February 28
Last Contest: April 26

Meet Time: 3:30 p.m.

Home Sites: Elk Grove, Franklin, Laguna Creek & Cosumnes Oaks - Wackford
Sheldon & Pleasant Grove - Pat O'Brien Center
Monterey Trail - Cosumnes River College (Practice)

Delta League Rep: Kurtis Gillespie, Cosumnes Oaks
Athletic Director Rep: George Smith, Cosumnes Oaks

WEDNESDAY, APRIL 2

Cosumnes Oaks @ Pleasant Grove
Monterey Trail @ Elk Grove
Laguna Creek BYE

TUESDAY, APRIL 8

Pleasant Grove @ Laguna Creek

WEDNESDAY, APRIL 9

Elk Grove @ Sheldon
Franklin @ Cosumnes Oaks
Monterey Trail BYE

MONDAY, APRIL 14

Sheldon @ Laguna Creek
Monterey Trail @ Pleasant Grove
Cosumnes Oaks BYE

TUESDAY, APRIL 15

Elk Grove @ Franklin

THURSDAY, APRIL 17

Monterey Trail (H) @ Laguna Creek

FRIDAY, APRIL 18

Pleasant Grove @ Elk Grove
Cosumnes Oaks @ Sheldon
Franklin BYE

League Diving Trials/Finals: April 23 @ TBA
League Swimming Trials: April 24 @ District 56 Elk Grove
League Swimming Finals: April 25 @ District 56 Elk Grove

Girls Section Diving Trials/Finals: May 5 @ St Mary's HS
Boys Section Diving Trials/Finals: May 6 @ St Mary's HS

Girls Section Swim Trials: May 7 @ District 56 Elk Grove
Boys Section Swim Trials: May 8 @ District 56 Elk Grove
Section Swimming Finals: May 9 @ District 56 Elk Grove
CA State Championship: May 15-17 @ Clovis West HS