

DELTA LEAGUE
2024-25 VARSITY WRESTLING SCHEDULE
Revised 10/2/24

TUESDAY, JANUARY 14

Cosumnes Oaks HS

Sheldon v Cosumnes Oaks; Sheldon v Laguna Creek
Cosumnes Oaks v Laguna Creek

TUESDAY, JANUARY 14

Elk Grove HS

Mat #1: Pleasant Grove v Elk Grove; Pleasant Grove v Monterey Trail
Mat #2: Franklin v Monterey Trail; Franklin v Elk Grove

TUESDAY, JANUARY 21

Monterey Trail HS

Monterey Trail v Cosumnes Oaks; Cosumnes Oaks v Elk Grove
Elk Grove v Monterey Trail

TUESDAY, JANUARY 21

Laguna Creek HS

Mat #1: Franklin v Laguna Creek; Pleasant Grove v Laguna Creek
Mat #2: Sheldon v Pleasant Grove; Sheldon v Franklin

TUESDAY, JANUARY 28

Pleasant Grove HS

Pleasant Grove v Franklin; Cosumnes Oaks v Franklin
Pleasant Grove v Cosumnes Oaks

TUESDAY, JANUARY 28

Sheldon HS

Mat #1: Elk Grove v Laguna Creek; Elk Grove v Sheldon
Mat #2: Sheldon v Monterey Trail; Laguna Creek v Monterey Trail

Dead Period:

July 1- July 14

Limited Period:

Oct. 14 - Nov. 3

Practice Begins:

November 4

First Scrimmage:

November 15

First Contest:

November 22

Last Contest:

February 8

Meet Start Times

Weigh-in @ 4:00 PM

Start Time: 5:00 PM

Section Team Championships: Saturday, Feb. 1 @ Lincoln-S HS

Delta League Meet: February 8 @ Elk Grove ; Weigh-In at 7am; Matches begin at 9am

Divisional: February 14-15 @ TBD

Masters: February 21-22 @ Stockton Arena

State: February 27-28 @ Mechanics Bank Arena

Delta League Rep:

Jay Viodes, Pleasant Grove

Athletic Director Rep:

Scott Gradin, Pleasant Grove