

**DELTA LEAGUE  
2023 WOMEN'S VARSITY, JUNIOR VARSITY VOLLEYBALL SCHEDULE**

**TUESDAY, SEPTEMBER 5**

Franklin @ St Francis  
Sheldon @ Davis  
Elk Grove @ Pleasant Grove  
Cosumnes Oaks BYE

**THURSDAY, SEPTEMBER 28**

St Francis @ Franklin  
Davis @ Sheldon  
Pleasant Grove @ Elk Grove  
Cosumnes Oaks BYE

**THURSDAY, SEPTEMBER 6**

Cosumnes Oaks @ Sheldon  
Pleasant Grove @ Franklin  
Davis @ Elk Grove  
St Francis BYE

**TUESDAY, OCTOBER 3**

Sheldon @ Cosumnes Oaks  
Franklin @ Pleasant Grove  
Elk Grove @ Davis  
St Francis BYE

**TUESDAY, SEPTEMBER 12**

Sheldon @ Elk Grove  
Davis @ St Francis  
Cosumnes Oaks @ Franklin  
Pleasant Grove BYE

**THURSDAY, OCTOBER 5**

Elk Grove @ Sheldon  
St Francis @ Davis  
Franklin @ Cosumnes Oaks  
Pleasant Grove BYE

**THURSDAY, SEPTEMBER 14**

St Francis @ Pleasant Grove  
Elk Grove @ Cosumnes Oaks  
Franklin @ Davis  
Sheldon BYE

**TUESDAY, OCTOBER 10**

Pleasant Grove @ St Francis  
Cosumnes Oaks @ Elk Grove  
Davis @ Franklin  
Sheldon BYE

**TUESDAY, SEPTEMBER 19**

Davis @ Cosumnes Oaks  
St Francis @ Elk Grove  
Pleasant Grove @ Sheldon  
Franklin BYE

**THURSDAY, OCTOBER 12**

Cosumnes Oaks @ Davis  
Elk Grove @ St Francis  
Sheldon @ Pleasant Grove  
Franklin BYE

**THURSDAY, SEPTEMBER 21**

Elk Grove @ Franklin  
Cosumnes Oaks @ Pleasant Grove  
Sheldon @ St Francis  
Davis BYE

**TUESDAY, OCTOBER 17**

Franklin @ Elk Grove  
Pleasant Grove @ Cosumnes Oaks  
St Francis @ Sheldon  
Davis BYE

**TUESDAY, SEPTEMBER 26**

Pleasant Grove @ Davis  
Franklin @ Sheldon  
St Francis @ Cosumnes Oaks  
Elk Grove BYE

**THURSDAY, OCTOBER 19**

Davis @ Pleasant Grove  
Sheldon @ Franklin  
Cosumnes Oaks @ St Francis  
Elk Grove BYE

**Dead Period:** July 10 - July 30  
**Practice Begins:** July 31  
**First Scrimmage:** August 11  
**First Contest:** August 18

**Game Times:** F: 4:30; JV: 5:30; V: 6:30

**Sections:** October 23, 24, 26, Oct 31 @ Home Sites; Finals Nov 2/4 @ TBD  
**Nor Cal:** November 7, 8, 9, 11, 14 @ Home Sites  
**State:** November 17-18 @ TBD

**Delta League Rep:** Alynn Wright, St. Francis  
**Athletic Director Rep:** Ryan Chisolm, St. Francis