

TABLE OF CONTENTS

Article	I	Name and Purpose	1
Article	II	Membership	1
Article	III	Representation	1
Article	IV	Meetings	2
Article	V	Officers	3
Article	VI	Finance	3
Article	VII	Job Descriptions	4
Article	VIII	Admission Information	6
Article	IX	Ratification	7
		General Sports Rules and Bylaws	
Section	1.0	Playoffs and Appeals	8
Section	2.0	Schedules and Championships	10
Section	3.0	Supervision and Game Conduct	11
Section	4.0	Baseball	12
Section	5.0	Basketball (Women's/Men's)	14
Section	6.0	Cross Country (Women's/Men's)	15
Section	7.0	Football	16
Section	8.0	Golf (Women's/Men's)	18
Section	9.0	Soccer (Women's/Men's)	20
Section	10.0	Softball	22
Section	11.0	Swimming (Women's/Men's)	24
Section	12.0	Tennis (Women's/Men's)	26
Section	13.0	Track and Field (Women's/Men's)	29
Section	14.0	Volleyball (Women's/Men's)	30
Section	15.0	Water Polo (Women's/Men's)	32
Section	16.0	Wrestling (Women's/Men's)	34
Appendix A		Schedule for Hosting	36
Appendix B		Change of Bylaw Form	37

DELTA LEAGUE

SAC-JOQUIN SECTION OF THE CIF

ARTICLE I

NAME AND PURPOSE

- Section I** This organization shall be known as the Delta League of the Sac-Joaquin Section of the California Interscholastic Federation.
- Section II** The purpose of this organization is:
- a. To direct, coordinate and control board approved athletics and other activities.
 - b. To assume the responsibility for administration and supervision of all activities concerned.
 - c. To cultivate and foster, by observance of good standards of sportsmanship and the exchange of ideas, cordial and friendly relations among schools.

ARTICLE II

MEMBERSHIP

- Section I** The Delta League membership will include those schools identified to be in the league by the Sac-Joaquin Section of the CIF

ARTICLE III

REPRESENTATION

- Section I** The business of the league is to be transacted by designated representatives of each school assembled in an official league meeting. Designated representatives shall consist of either the principal or vice principal, and the athletic director as certified by the principal of each school. All representatives shall have full suffrage including rights to bring motions to the floor, make seconds to motions, take part in discussions, and debate. However, a representative from one school may not second a motion made by a representative from the same school. Each member school will be permitted one vote for all general league business and one vote for any business regarding the specific sports in which it participates.
- Section II** The president of the league may at his/her discretion invite to any meeting any guest who in his/her opinion has business pertinent to an agenda item.
- Section III** A new school will be permitted to vote at the first league meeting after the Board of Managers has assigned it to the league.

ARTICLE IV

MEETINGS

- Section I** There shall be a minimum of four meetings annually. One in August; one in October; one in January; and one in April with each meeting to precede the Sac-Joaquin Section Board of Managers meeting. The agenda for each meeting shall be sent to the principals at least one week prior to the meeting and posted 48 hours in a public place prior to the meeting.
- Section II** Special meetings may be called at any time by the president with the consent of the majority of the schools.
- Section III** The athletic directors and/or designee shall meet at least one week prior to the Administrative Council meetings. The purpose of the Athletic Directors' meeting is to address issues relating to the Delta League athletic programs and policies. In addition, the athletic directors will hold one additional meeting during the spring semester. The purpose of this meeting is to develop recommended schedules for the following year.
- Section IV** A quorum is necessary for the transaction of Delta League business at any regular or special meeting called by the President. A quorum shall be representation by 50% plus one league school.
- Section V** At the beginning of each season one member school will host a preseason meeting that all head varsity coaches for that season shall attend. The Sport Representative for each sport will facilitate the preseason meeting and set a date for the postseason meeting.
- Section VI** In the week following the completion of the regular season, all head varsity coaches shall attend a postseason league meeting. The Sport Representatives for each sport will facilitate the meeting and members of the All-League team and Coach of the Year will be selected per Delta League Bylaws for that sport. All sports which culminate with a League Championship Meet may conduct their postseason meeting on that day.
- Section VII** Robert's Rules of Order Revised shall govern the conduct of the meeting of the league.

ARTICLE V

OFFICERS

- Section I** The officers of this league shall be: President, Vice-President and Commissioner. Either principals or vice-principals shall fill the offices of president and vice-president.
- Section II** At the April meeting of each even year, the league shall elect a president and vice-president who shall be from separate schools.
- Section III** The president shall be the representative of the league to the Board of Managers of the Sac-Joaquin Section unless the league elects someone other than the president as the representative.
- Section IV** Standing Committee-Athletics: With the approval of the Administrative Council of the league, there shall be a standing committee formed for each recognized league sport, consisting of all the coaches in the particular sport and chaired by a designated athletic director and a coach who is to be selected by the other coaches.

ARTICLE VI

FINANCE

- Section I** The rate for league dues will be set at the first Administrative Council meeting of each school year.
- Section II** The league dues shall be paid by each school within thirty days of the first league meeting.
- Section III** All checks drawn against the league shall be the responsibility of the Administrative Council.
- Section IV** A yearly audit of the books of the league shall be the responsibility of the Administrative Council.
- Section V** The stipend for the commissioner shall be reviewed on a yearly basis.
- Section VI** Assessments: Playoff money returned to the league by the section office will be used to supplement the league budget. A yearly assessment will be determined during the formulation and approval of the league budget.
- Section VII** For all Delta League Championships, after expenses are paid, any profit will go to the league treasury and any loss will be absorbed by the league.

ARTICLE VII
JOB DESCRIPTIONS

President/Vice President

- Section I** The president shall preside at all league meetings.
- Section II** The president shall appoint the chairman of standing committees and special committees as needed with the approval of the Administrative Council.
- Section III** Pursuant to Constitution, Article IV, Section I, the president shall delegate or prepare and distribute an agenda for each Delta League meeting to member schools at least one week prior to the meeting.
- Section IV** The president shall be authorized to transact any necessary business of the league between meetings.
- Section V** The vice president shall assume the duties of the president in his/her absence.

Commissioner

- Section I** Works with the President to prepare the agenda and back-up materials for all Delta League meetings and distributes them for each Administrative Council meeting to all member schools at least one week prior to the meeting.
- Section II** Attends each Delta League Administrative Council meeting and serves as secretary, taking minutes, and distributing two copies of the minutes to each member school.
- Section III** Administers all financial duties of the Delta League. He/she shall take charge of all monies and deposit them in a bank and pay all league bills by check. At each league meeting he/she shall submit a written report of disbursements of the preceding months, including the balance on hand.
- Section IV** Attends and participates in CIF Sac-Joaquin Section Board of Managers' meetings. Advises, as needed, the Administrative Council, the President, and member school personnel about the constitution and bylaws of the Delta League, the Sac-Joaquin Section, and the CIF so that violations do not occur.
- Section V** Serves as the Delta League liaison providing correspondence with, and giving information to, people and groups both within and outside the league.

- Section VI** Attends, upon request from the Section office, play-off committee meetings for sports involving Delta League teams.
- Section VII** Supervises the overall development of the sports schedules and presents these schedules to the Administrative Council.
- Section VIII** Supervises the overall development of the sports schedules and presents these schedules to the Administrative Council.
- Section IX** Helps schools resolve scheduling conflicts, as needed.
- Section X** Purchases and distributes All-League and Sportsmanship patches and league championship banners.
- Section XI** Updates the by-laws and posts on the league website.
- Section XII** Performs tasks as directed by the Delta League President.
- Section XIII** Attends all preseason head varsity coach meetings.
- Section XIV** Communicates league playoff qualifiers to the Sac-Joquin Section Office.
- Section XV** Communicates All-League selections to the local media.

Sports Representative

- Section I** Schedule, organize and manage preseason and postseason league meetings
- Section II** Create and distribute a list of league coaches' phone numbers and email addresses.
- Section III** Report final league standings to the commissioner within 24 hours of the end of league play.
- Section IV** Report All-League and Coach of the Year selections to the commissioner within one week of the end of league play.
- Section V** Distribute All-League patches and championship banners.

ARTICLE VIII

ADMISSION INFORMATION

- Section I** Admission to the Delta League varsity contests for men's/women's basketball and football shall be:
- | | |
|--|--------|
| Children 7 years old and under with parent/guardian | Free |
| Children 8 –11 years old with parent/guardian | \$5.00 |
| Senior Citizens (65 years and older) | \$5.00 |
| High school/middle school students with proper Student I.D. card | \$5.00 |
| Adults and students without proper Student Identification card | \$7.00 |
- Section II** Admission to all other sports (up to each school as to whether or not admission is charged to their home events in these sports), league wrestling, league swimming and track championships, and when only lower level football and basketball games are played shall be:
- | | |
|--|--------|
| Children 7 years old and under with parent/guardian | Free |
| Children 8 –11 years old with parent/guardian | \$4.00 |
| Senior Citizens (65 years and older) | \$4.00 |
| High school/middle school students with proper Student I.D. card | \$4.00 |
| Adults and students without proper student Identification card | \$6.00 |
- Section III** It is mandatory that admission prices be posted. Schools may offer special season prices, courtesy rates, etc., but these special season prices need not be posted at the entrance to the event.
- Section IV** Advance Ticket Sales: Money will be collected from the individual rooters at the gate of the home team unless advance collection was requested by the visiting team and approved by the home team.
- Section V** Player Passes: No player passes will be issued. The coach of each team will be responsible for getting his players into the game facility.

- Section VI** Each school may issue a faculty pass/ID that admits two, and is to be honored at all home and away league activities in which the school participates.

ARTICLE IX

RATIFICATION

- Section I** Upon acceptance of these By-laws and Constitution by a simple majority of the league, they shall become effective on October 1, 2018.
- Section II** Any proposed amendments to these Constitution and Bylaws shall be submitted in writing and read at a regularly scheduled league meeting. The form in Appendix B must be completed with appropriate documentation and include the signature of the Sport Representative (if a sport specific bylaw), and must be presented to his/her Athletic Director for his/her signature at least two weeks prior to the next scheduled Athletic Director's meeting. If approved by the Athletic Directors, it will be presented at the next regularly scheduled Delta League Administrative Council meeting for a first reading. A vote shall then be taken at the next regularly scheduled meeting following the first reading and may be passed with a 2/3 majority vote. Bylaw amendments designated as urgent and approved by 2/3 of the voting members may take effect after a first reading.
- Section III** A simple majority of those voting will decide motions. However, votes to "abstain" will not be used in calculating what constitutes a simple majority.

GENERAL SPORTS RULES AND BYLAWS

PLAYOFFS AND APPEALS

- 1.0** Any coin toss for Delta League playoff qualification must be conducted in the presence of the Delta League President/designee or League Commissioner.

Coin Toss Protocol:

- a) The President/designee or Commissioner and the representatives from each school will have a coin. The President/designee or Commissioner will toss his coin to establish a head or tail. If the President's school is involved in the coin toss, the Commissioner will conduct the toss.
 - b) Following that coin toss, each school representative will simultaneously toss their coin.
 - c) Any school(s) whose coin toss matches the toss of the President/designee or Commissioner will be considered the winner(s) of the coin toss.
 - d) If there are more schools than playoff spots available, the remaining schools will continue to toss their coin to match the original toss of the President/designee or Commissioner until all playoff spots have been filled.
 - e) If only two teams are involved, a simple coin toss is acceptable if both schools agree.
- 1.1** The League Ethics Committee shall be composed of two administrators and two athletic directors appointed by the league president. The committee will not include representatives from either the appealing or complaining schools. It will serve as a fact-finding committee on matters involving Constitution and By-law violations. Requested matters for review by the Ethics Committee shall be submitted as follows:
- A. A telephone call by the complaining school's principal or administrative designee must be made to the alleged violating school's principal/administrative designee prior to filing a written complaint. The complaining school must then send the written complaint to the alleged violating school's principal, the league president and the league commissioner.
 - B. The league president may refer the complaint to the Ethics Committee, which will, if possible, render a decision within three school days.
 - C. If the Ethics Committee has determined that a violation has occurred, they must meet to determine recommended penalty/penalties. The following alternatives have been adopted by the Administrative Council for the Ethics Committee to consider:
 - a) Issue a letter of reprimand.
 - b) Reduce practice games and/or scrimmages the following

season for the violating school

c) Assess a monetary fine of not less than \$50.00

d) Probation:

i) Place violating team on probation for one year. Further violations within the school's athletic program would result in school wide probation.

ii) Further violation of (i) above would result in suspension of the violating team from post-season competition for one year.

iii) Further violation of (i) and (ii) above would result in suspension of all the teams of the violating school from post-season play for one year.

e) Mandate forfeiture of league contests - the number of which is to be determined by the Ethics Committee.

f) Suspend the violating team from possible section competition in the year the violation occurs.

D. Upon completing its investigation, the committee will report its findings, along with its recommendations, to the league president who will then take appropriate action.

E. Appeals may be made to the Delta League Administrative Council by filing an appeal with the league president who shall appoint two principals and one athletic director to hear the appeal and make a recommendation to the president. The appeal committee will not include representatives from either the appealing or complaining schools.

1.2 Protests concerning games, rule interpretations, and ejections will follow procedures as outlined:

- a. Any applicable protest is to be originated by the principal of the school making the protest. In addition, an athlete/coach may choose to appeal a one game suspension by submitting a written appeal to his/her principal or designee within 24 hours (or by noon Monday for a Friday/Saturday contest).
- b. The principal must submit the protest or suspension appeal in writing to the League Commissioner and President within 72 hours of the contest/ejection. The League President shall convene the appeals committee consisting of two principals and one athletic director to hear the appeal and make a decision to uphold or overturn the ruling. The committee will not include representatives from the school that is involved in the protest nor will it include representatives from the next opponent of the school making the appeal.
- c. The League Commissioner shall notify the appealing principal/designee of the decision rendered by the appeals committee.

SCHEDULES AND CHAMPIONSHIPS

- 2.0** Procedure for disseminating league information: All sports schedules that are submitted for approval should indicate "Draft Schedule." When the Administrative Council has approved the schedule, a new copy will be issued by the commissioner, which will state the date of adoption.
- 2.1** The following steps must take place for a contest date to be rescheduled once the schedules have been approved by the Administrative Council, with the exception of make-up games (see specific sport bylaws). The opposing school must be notified of the request at least two weeks in advance of the contest date.
1. The coach requesting the change must seek approval from his/her athletic director.
 2. The athletic director of the school seeking the change must confirm with the athletic director of the opposing school(s) that he/she approves of the change.
 3. Once the opposing school(s) accepts the change, the athletic director of the school seeking the change must communicate the proposed change to the other athletic directors in the league.
- Athletic directors must respond in writing to the request within 48 hours or they will be considered a "yes" vote. If the vote of the athletic directors results in a tie, the proposed change will be brought to the commissioner and president for a final decision.
- 2.2** Any time three or more league schools field a team in a sport, there will be league competition and the schools are required to participate with other member schools of the Delta League.
- 2.3** The athletic week starts with Monday and ends with Saturday.
- 2.4** In the case of a tie for first place, all teams involved in the tie will be considered league champions and will receive a championship banner. The tiebreak procedures for that sport will determine the league seeding for Sac-Joaquin Playoffs.
- 2.5** An All Sports Championship for both Men's and Women's Sports will be awarded to the member school that totals the most points during the school year. Points will be awarded for each league sport after the final standings are verified by the league commissioner. Points will be awarded on the following basis: 1st Place-8 pts, 2nd Place-6 pts, 3rd Place-5 points, 4th Place-4 pts, 5th place-3 pts, 6th Place-2 pts, and 7th Place-1 pt. To balance scoring, the number of sports used in the calculation will be based on the school(s) competing in the fewest number of sports. All schools above this number will compute their difference and remove this number of scores from their total. The scores removed will be their lowest scores.

SUPERVISION AND GAME CONDUCT

- 3.0** The principal of each league school is responsible for the conduct of his/her students, coaches, and teams, as well as adherence to Sac-Joaquin Section rules, regulations, and the Code of Conduct.
- 3.1** Schools will refrain from putting up negative signs at any competition site. All signs must show good sportsmanship.
- 3.2** Visiting schools will refrain from bringing any band or performance group – except cheerleaders - or hosting any student body activity prior to or during an athletic contest, except with prior approval by the administration of both schools. Tailgating by visiting schools is also prohibited.
- 3.3** Senior Recognition Ceremonies are limited to the introduction by name of each senior student-athlete, their parent(s)/guardian(s), and siblings. Any multi-media presentations are limited to after the varsity contest. The introduction of senior cheerleaders and/or band members is limited to either halftime of the varsity game or after the varsity game.

BASEBALL

4.0 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

4.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

4.02 START DATES

The CIF Sac-Joaquin Section will designate the starting dates.

4.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

4.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Each team is to have a maximum of fifteen (15) minutes to warm-up. The home team shall warm-up first.
- C. All game balls must bear the National Federation authentication mark.
- D. The host school shall furnish two umpires for all varsity league games. One umpire is to be used for freshmen and frosh/soph games and he must be behind home plate at all times.
- E. Makeup league games must be scheduled for the first available date and played in the order of cancellations. Once a cancelled game has been re-scheduled, the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of “exceptional” difficulties - lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturdays are optional, but no makeup games may be scheduled the week of spring break, per Delta League schedule, and no team will be asked to play five Delta League games in a calendar week. In the case of two schools wanting to move a league game to an earlier date than scheduled, in anticipation of bad weather, the following procedure must be followed. This provision takes precedence over Delta League Bylaw 2.1:
 - 1. If two schools agree to move a league game to an earlier date than scheduled in anticipation of bad weather, the home coach must send an email to all league coaches, athletic directors, and the league commissioner at least 48 hours prior to the start time of the scheduled game informing them of the new date. The home coach/athletic director may request umpires for this rescheduled game.

2. Coaches of other games scheduled on the original scheduled date, in consultation with their athletic directors, have the option of moving their game to the same new date. If both schools agree to move their game to the same new date, the home coach/athletic director will request umpires.
 3. If any of the games rescheduled to the new date are unable to get assigned umpires, the home team coach/athletic director will notify all coaches, athletic directors, and league commissioner of such, and ALL games rescheduled to the new date will be cancelled and moved back to the original scheduled date.
- F. Coaches may coach the bases if they are in uniform.
- G. If a tie occurs during a first round game it must be finished during the second round game between the two teams. If a tie occurs during a second round game, it must be finished on the first available date. If a tie occurs during the final round of the league schedule, it must be finished on the first available date only if the outcome has a bearing on the league championship or playoff qualification/seeding. The home team during a game that is tied will still be the home team during completion of the tie game. Games are resumed at the point play was stopped.

4.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League Team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

4.06 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. Run differential between the two teams involved in the tie (not to exceed 10 runs in any single game).
3. Greatest number of wins within the tie
4. Greatest number of wins above the tie
5. Greatest number of wins versus the highest-placed team above the tie
6. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
7. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

MEN'S AND WOMEN'S BASKETBALL

5.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

5.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

5.02 START DATES

The CIF Sac-Joaquin Section will designate the starting dates.

5.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

5.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Each team is to have a maximum of fifteen (15) minutes to warm-up.
- C. All game balls must bear the National Federation authentication mark.
- D. Adult timers/scorers are to be used for all varsity basketball games.
- E. League game dates will be determined by the Delta League Administrative Council. Both men and women will have contests on Friday nights.

5.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League Team of fourteen (14) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

5.06 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. Greatest number of wins within the tie
3. Greatest number of wins above the tie
4. Greatest number of wins versus the highest-placed team above the tie
5. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
6. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

CROSS COUNTRY

6.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

6.01 CONTACTS

A team may have two meets per week including invitational meets.

6.02 START DATES

The CIF Sac-Joaquin Section will designate the starting dates.

6.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

6.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Race distances will follow section guidelines and the order for the league meets will be as follows:
 - Frosh/Soph Men
 - Frosh/Soph Women
 - Varsity Men
 - Varsity Women
- C. SCORING: Each school has unlimited entries in each race and need not declare their top seven runners. No matter how many runners from one school run in a race, only the first five are counted in the point total for that school, but the sixth and seventh runners from a school could be counted in determining the scores of other teams.
- D. SCORING AND STANDINGS: All schools will run in the same race. A school will receive one (1) point for each school it beats at a center meet. A school will receive two (2) points for each school it beats at the league championship meet. The champion will be determined by the total points accumulated in all the league meets.
- E. TIE BREAKING: If, after the championship meet two or more teams have the same number of points, the championship will be awarded to the team (of the tied teams) that finished higher in the championship meet. To determine the highest finisher in this situation, team scoring will be used.

6.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Based on their finish in the league championship meet, twelve (12) women and twelve (12) men in the varsity division will be selected as All-League. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league). Coaches are to select the Coach of the Year.

6.06 POST-SEASON QUALIFICATION PROCEDURE

Post-Season qualification is determined by the Sac-Joaquin Section.

FOOTBALL

7.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

7.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

7.02 START DATES

The CIF Sac-Joaquin Section will designate the starting dates.

7.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

7.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. The home team shall wear dark jerseys and the visiting team shall wear light jerseys.
- C. All game balls must bear the National Federation authentication mark.
- D. No game may start until a physician and/or an ambulance, staffed by a paramedic, is in attendance for all freshmen, frosh/soph and varsity football games. The home team is responsible for these arrangements.
- E. Half time will be 15 minutes for all games. An exception may be made for homecoming and/or other special events as mutually agreed upon by coaches prior to the game.
- F. There will be a minimum of 25 minutes for warm-up at the conclusion of the frosh/soph game.
- G. Adult chain gangs and timers are to be used at all varsity football games.
- H. Each school will provide its own communications system.
- I. Participation of visiting bands will be determined by the two schools.
- J. Film exchange for varsity will consist of the two most recent games and will be exchanged the day following the league contest. There will be no third party exchange of film without the consent of the coaches involved. Any film exchange for frosh/soph and freshmen will be arranged directly by the parties involved.

7.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches are to meet during the week following the last league football game to select the All-League team and the Coach of the Year with procedures to be developed by the coaches. Forty four (44) all-league players will be selected, which will include these categories: Offensive, Defensive, Offensive Lineman, Defensive Lineman, All Purpose, and Most Valuable Player. The first votes taken will include only those players nominated for players of the year

categories. Once those votes are complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

7.06 TIED GAMES

All varsity games (non-league, league, and playoff) involving Sac-Joaquin Section schools that end in a tie at the end of regulation, will be played to a conclusion (a winner and a loser) using the ten-yard line overtime procedure as stated in the NFHS rule book.

7.08 POST-SEASON QUALIFICATION PROCEDURE

Qualification for the Sac-Joaquin Section playoffs is determined by the approved system.

NOTE: REGARDING USE OF PRESS BOX FACILITY.

This is a rule of the Delta League, but not part of the bylaws. One visiting team spotter and one visiting team film person shall be permitted inside the home press box, if one home spotter and one home team film person is permitted inside the home team press box. Similarly, one visiting team spotter and one visiting team film person shall be permitted on top of the press box, if the home team has a spotter and a film person on top of the press box.

WOMEN'S AND MEN'S GOLF

8.00 GOVERNING RULES

U.S.G.A. rules and home course rules are to be followed.

8.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section. An 18-hole tournament equals two contests. Teams may not play more than two days per week. A contest, match or scrimmage is defined as any meeting of two or more schools.

8.02 START DATES

Women: The CIF Sac-Joaquin Section will designate starting dates.

Men: The CIF Sac-Joaquin Section will designate starting dates.

8.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

8.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Women: Players will play from the women's tees or those deemed appropriate and mutually agreed upon by the coaches.
Men: Players will play from the championship tees.
- C. The league schedule is subject to the availability of golf courses.
- D. Schools will use a six (6) person team, and are to follow CIF scoring rules; medal play, low 5 out of 6 scores count in determining the match winner. In the case of a tie, the score of the #6 players will be used. Caddies will not be allowed.
- E. A two-stroke penalty for throwing clubs will be assessed per infraction if seen by an official or coach. All infractions must be brought by a coach or official to the attention of the host school's coach following the end of the tournament.
- F. Scoring system for team/individual league champions:
Team: The league champion for a team will be determined by the following points system:
Tournament – 1st place team – 8 points; 2nd place team – 6 points; 3rd place team – 5 points; 4th place team – 4 points; 5th place team – 3 points; 6th place team – 2 points; 7th place team – 1 point; a team forfeit – 0 points
Dual Match - 1st place team – 2 points; 2nd place team – 0 points; Tie – 1 point (in the case that the scores of the #6 players do not break the tie); a team forfeit – 0 points
Team(s) with the most points (combined score of tournaments/duals) will be league champions.
Individual: The league champion for individuals will be determined by the following points system:

Tournament – Tournament Medalist – 42 points; 2nd place – 41 points; 3rd place – 40 points; etc...42nd place – 1 point; a DQ – 0 points

Dual Match – Match Medalist – 12 points; 2nd place – 11 points; 3rd place – 10 points; etc...12th place – 1 point; a DQ – 0 points

Tournament/Match scoring ties will be the amount of points by place divided by the number of individuals tied. The lowest individual points scored in either a tournament or a match will be discarded. The highest combined score from both tournaments and matches will determine the league champion. In case of a tie there will be co-champions.

8.05 ALL-LEAGUE AWARDS AND SELECTION

All-league golfers will be selected according to their finish in the three league tournaments and dual matches with each player's lowest point total being eliminated (see 8.04 F. above). The highest combined scoring player will be the MVP and the next nine (9) low qualifiers will be all-league. In case of a tie for the #10 all-league qualifier, there will be a sudden death playoff at the last league tournament (or if necessary at a site to be arranged on the day following the conclusion of all league contests) to determine the winner of the last position. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league). Coaches are to select the Coach of the Year.

8.06 POST-SEASON QUALIFICATION

The number of teams and individuals qualifying for divisionals will be determined as per section rules. Qualifying players will be determined by their combined scoring totals from league tournaments and dual matches. In the case of a tie for the last individual qualifier, there will be a sudden death playoff at the last league tournament (or if necessary at a site to be arranged on the day following the conclusion of all league contests).

For team competition, the following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. The number six player's scores for all three league tournaments
3. Greatest number of wins within the tie
4. Greatest number of wins above the tie
5. Greatest number of wins versus the highest-placed team above the tie
6. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
7. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

MEN'S AND WOMEN'S SOCCER

9.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

9.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

9.02 START DATES

Men: The CIF Sac-Joaquin Section will designate the starting dates.

Women: The CIF Sac-Joaquin Section will designate starting dates.

9.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.).

However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

9.04 PLAYER CLASSIFICATION

An athlete may, during practice games move from one athletic classification to another but may not compete in more than one classification in one day. In league and section playoff games, the athlete shall only compete at the higher classification where he/she will remain for the duration of the season.

9.05 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and league Commissioner by email, text, or call.
- B. Three (3) officials are to be ordered for all games.
- C. The home team will furnish a number five (5) game ball, which must bear the National Federation authentication mark.
- D. The home team will wear dark colored uniforms and the visitors will wear white colored uniforms.
- E. Scoring for league placement will be as follows:

Win	-	3 points
Tie	-	1 point
Loss	-	0 point
- F. Any player receiving a red card or two yellow cards in a game will be ineligible to participate in the next game. If he/she were to play in the next game it would be forfeited. Ineligible players must be made known to the principal and athletic director on the next school day by the coach. (Refer to Appendix B)
- G. Make-up league games must be scheduled for the first available date and played in the order of cancellations. Once a game has been re-scheduled the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of "exceptional" difficulties - lack of transportation, officials, or school closure being deemed "exceptional." This veto may not be invoked by the coach or athletic

director, but must come directly from the school's administrative office. Saturdays are optional, and for the women, no make-up games may be scheduled the week of spring break, per Delta League schedule.

9.06 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

9.07 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. Goal differential among the two teams tied
3. Greatest number of points within the tie
4. Greatest number of points above the tie
5. Greatest number of points versus the highest-placed team above the tie
6. Greatest number of points below the tie starting with the next-placed team below the tie and moving downward
7. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

SOFTBALL

10.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

10.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

10.02 START DATES

The CIF Sac-Joaquin Section will designate starting dates.

10.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

10.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. The home team shall provide a leather softball which must bear the National Federation authentication mark.
- C. There will be two umpires for league varsity games and at least one umpire, who will be behind home plate at all times, for freshmen and frosh/soph games.
- D. Coaches may coach bases.
- E. Makeup league games must be scheduled on the first available date and played in the order of cancellations. Once a game has been re-scheduled the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of “exceptional” difficulties - lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturday’s are optional, but no make-up games may be scheduled during spring break, per Delta League schedule, and no team will be asked to play five Delta League games in a calendar week.
- F. If a tie occurs during a first round game, it must be finished during the second round game between the two teams. If a tie occurs during a second round game it must be finished on the first available date. An administrative veto is permissible only in cases of “exceptional” difficulties - lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturday’s are optional. The home team during a game that is tied will still be the home team during the completion of the tie game. Games are resumed at the point play was stopped.

- G. Freshmen and frosh/soph games are limited to no more than two (2) hours. No new inning shall begin after 2 hours have expired from the start of the game.
- H. The section ten (10) run rule will be in effect for all varsity games.

10.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

10.06 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. Run differential between two teams involved in tie (not to exceed 10 runs in any single game)
3. Greatest number of wins within the tie
4. Greatest number of wins above the tie
5. Greatest number of wins versus the highest-placed team above the tie
6. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
7. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

SWIMMING AND DIVING

11.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

11.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

11.02 START DATES

The CIF Sac-Joaquin Section will designate starting dates.

11.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

11.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. After the designated start date, no high school student will be able to swim in any competition other than a high school sponsored meet. For outside competition refer to Sac-Joaquin Section By-law Articles 600 - 605.
- C. The official program, order of events and rules regarding swimming and diving will be conducted as per section rules.
- D. Conduct of League Championship Meet:
 1. The league champion is to be determined by the league dual meet record and league championship meet. One point earned for every dual meet win and two points earned for each team a school finishes ahead of at the league meet. Total number of points will determine the league champion. In case of a tie, the team that finishes the highest in the Delta League Championship Meet will be declared the winner.
 2. The athletic director or swimming coach of the host school shall serve as the meet director and be responsible for conducting the business details according to the adopted administrative policies and procedures.
 3. The host school is to print and send out entry information at least two weeks in advance of the meet.
 4. Entry cards shall be in the hands of the meet director no later than noon of the Sunday preceding the meet. Divers shall submit a signed copy of their entire diving program by the scratch deadline.
 5. No additions, withdrawals, or substitutions may be made after noon on the Sunday preceding the meet. No deviations from this rule will be permitted.
 6. The meet director will hold a scratch meeting immediately preceding both the diving and swimming competition.
 7. The host school shall be responsible for the following:

- a. Officials, timers, and judges.
 - b. Starter(s)
 - c. Printing of program
8. A meet summary of the results shall be published and sent to participating schools, the news media and the commissioner by the meet director.

11.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

The first place finishers in each individual event at the championship meet will determine all-league selections. First place relay teams will also be considered all-league. Individuals are limited to one all-league patch regardless of the number of first place finishes he/she may earn. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league). Coaches are to select the Coach of the Year.

11.06 POST-SEASON QUALIFICATION PROCEDURE

Post-Season qualification is determined by the Sac-Joaquin Section.

WOMEN'S AND MEN'S TENNIS

12.00 GOVERNING RULES

The U.S.T.A. rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

12.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

12.02 START DATES

Women: The CIF Sac-Joaquin Section will designate the starting dates.

Men: The CIF Sac-Joaquin Section will designate starting dates.

12.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.).

However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

12.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Matches for league play will consist of 6 singles and 3 doubles with no doubling of players. All matches will be two of three sets, including doubles. No-Ad scoring will be used with the official U.S.T.A. seven (7) point tiebreaker game played at six (6) all in any set.
- C. Rainouts are to resume at the point at which play was suspended.
- D. U.S.T.A. rules will be followed in league play. The home team will supply either Dunlap, Penn, or Wilson “Championship Extra Duty” yellow tennis ball for all matches. Teams may warm up together for a total of ten (10) minutes. In the event of a disagreement between players, the decision of the coaches will be final. Coaching of players is allowed if it does not interfere with or disrupt play, i.e., during change-overs. There is to be no break after the first game. Prior to the start of play, each coach will submit lineups simultaneously.
- E. Each team will play its ladder in descending order with the best player in the #1 position. If a player is not available to play within 15 minutes of the time his/her court is ready for play, the coach must move the next best player into that spot and move up the rest of the players accordingly. The coach may not forfeit the match in order to keep the rest of the team in their normal positions. The coach must move the next best singles player into the #6 position and rearrange the doubles accordingly. This means that a coach may not have two separate ladders, one for doubles and one for singles. If there are better singles players on the doubles ladder, those singles players must be moved into the singles spot if for any reason the regular singles player cannot play.
- F. The player strength ladder must represent both singles and doubles players strength on team roster starting with highest strength player as number one to lowest strength player listed last. This player strength ladder will be enforced

Updated 1/27/20

for all matches. Schools may not have a separate strength ladder for singles and doubles.

Each team will consist of six (6) singles players and three (3) doubles teams. Players may only play one event (singles or doubles). The number one singles player must be ranked higher on the team individual player strength ladder than the number two player. The number two singles player must be ranked higher than the number three player. The number three singles players must be ranked higher than the number four singles player. Players ranked #1 through #6 on the strength ladder may not be entered in doubles competition.

The ranking of the doubles teams will be determined by the sum of the ladder positions of each team. The #1 doubles team will be the team with the lowest sum, the #2 team with the next lowest sum, and the #3 team with the highest sum. If the sum of any of the ladder positions for two or three of the teams is equal, then the highest ranked individual player shall play on the higher ranked doubles team.

G. LEAGUE TOURNAMENT FORMAT:

1. There will be a singles and doubles championship tennis tournament held on separate days at the end of the regular league season. Singles will be played on Monday and doubles will be played on Wednesday. The purpose of the Delta League Championship Tennis Tournament is to qualify two singles players and two doubles teams for the Division I Sac-Joaquin Section individual tennis playoffs (except in those years when the league is allotted a 3rd spot). There will be an 8:00 AM meeting where the seeding will take place for both the singles and doubles tournament. Seeding will be based on how well each individual performed during the regular Delta League season.
2. There will be a draw of 16 players for both the singles tournament and the doubles tournament. The final Delta League standings will determine the number of players each school will bring to the championship tournament. The 1st and 2nd place teams in the league standings will each bring 3 players and the 3rd through 7th place teams will each bring 2 players. This will create a draw of 16 total players.
 - a. During the draw process for singles, every effort will be made to avoid players from the same school meeting in the first round. The #1's and the #2's will not be on the same side of the draw but this will not be possible with the #3's. If a name is randomly drawn that does not meet the criteria for being placed on the next line, then the name will be placed back into the hat and another name will be drawn. Names will be drawn until the field of 16 is complete.
 - b. Doubles teams will not be seeded unless it is unanimously agreed upon by all of the coaches to do so. Each of the top two schools in the league standings will designate who the #1 through #3 teams are and the 3rd through 7th place teams will designate who the #1 and #2 teams are.

- c. The first three rounds of the singles tournament will be played on the first day and the finals will be played on the same day as the doubles tournament. The same format of play will apply to the doubles tournament. If doubles teams from the same school are represented in the finals, they may choose to play at their home court. The head coaches will determine the length of time between each singles and doubles match.
- d. Each match will consist of 2 out of 3 sets, no-add scoring. If the set is tied at 6-6 the 7-point tiebreaker will be implemented. Coaching may occur only during a change over. Each team must have a coach or designated person to supervise the players and only one person will be designated from each school to coach during a change over.
- e. In the event of rain or other delay, flight #1&2 and super doubles takes precedence over all other matches and flights as they are the only flights that carry section ties.
- f. In the event any of the representatives to the section tournament are unable to compete the singles player or doubles team that lost to them last will take their place.

12.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of fifteen (15) players, which includes the Player of the Year. Automatic qualifiers for the All-League team will consist of the semi-finalists from flights #1 & #2 in singles (4) and the semifinalists from the super doubles (8). Coaches will vote for the remaining players to complete the team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

12.06 POST-SEASON QUALIFICATION PROCESS

The following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. Greatest number of sets won in head to head competition
2. Greatest number of wins within the tie
3. Greatest number of wins above the tie
4. Greatest number of wins versus the highest-placed team above the tie
5. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
6. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

MEN'S AND WOMEN'S TRACK AND FIELD

13.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

13.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section. A maximum of 2 meets per week, including invitationals, with an exception for rainouts. A maximum of two (2) scrimmages (time trials) will be allowed.

13.02 START DATES

The CIF Sac-Joaquin Section will designate starting dates.

13.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

13.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. The order of events in league dual meets will follow the old section order of events (sprint hurdles first) with the exception of all classifications of 3200 meters, which are to be run before the 4 x 400 relays.
- C. There will be no limitation to the number of entrants per event in the league championship meet.
- D. The school that accumulates the most points using the following formula will determine the league championship.
 1. One (1) point for each dual meet won
 1. Two (2) points awarded for each school defeated at league finals.

13.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

All-League selections will be determined by the first place finishers in each individual event at the championship meet. First place relay teams will also be considered all-league. Individuals are limited to one all-league patch regardless of the number of first place finishes he/she may earn. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league). Coaches are to select the Coach of the Year.

13.06 POST-SEASON QUALIFICATION PROCEDURE

Post-Season qualification is determined by the Sac-Joaquin Section.

WOMEN'S AND MEN'S VOLLEYBALL

14.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

14.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

14.02 START DATES

Women: The CIF Sac-Joaquin Section will designate the starting dates.

Men: The CIF Sac-Joaquin Section will designate starting dates.

14.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

14.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to MaxPreps and the League Commissioner at rspears@puhsd.k12.ca.us or text to (530) 308-7881.
- B. The facility should be ready for warm-up thirty (30) minutes prior to the start of the match.
- C. There shall be two (2) officials for both the frosh/soph and varsity games and one official for the freshmen game. The home team will provide both lines people for the match. If one official fails to show the coaches must agree to:
 1. Play with one official.
 2. Use a player, teacher, or other person to be the second official for the duration of the match, or until the other official arrives. If no officials show, the coaches can wait one hour and then postpone the match, or they may agree to use a player, teacher, or other person to be the official.
- D. An eighteen (18) paneled leather volleyball with the National Federation authentication mark will be the official game ball.
- E. Warm-up time before freshmen, frosh/soph, and varsity matches will be nineteen (19) minutes in length:
 - 7 minutes, shared court, no hitting.
 - 6 minutes, visiting team hits/serves.
 - 6 minutes, home team hits/serves.

14.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League Team of fifteen (15) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

Updated 1/27/20

14.06 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. Game differential in league play between the two teams involved in the tie
3. Point differential within all games in league play between the two teams involved in the tie
4. Greatest number of wins within the tie
5. Greatest number of wins above the tie
6. Greatest number of wins versus the highest-placed team above the tie
7. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
8. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

MEN'S AND WOMEN'S WATER POLO

15.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

15.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

15.02 START DATES

The CIF Sac-Joaquin Section will designate the starting dates.

15.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

15.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Officials are to be ordered for all games.
- C. The home team will furnish 4 game balls – one for play, one for the desk and one counter ball for each bench – all of which must bear the National Federation authentication mark.
- D. The home team will wear dark colored caps and the visitors will wear white caps.
- E. Make-up league games must be scheduled for the first available date and played in the order of cancellations. Once a game has been re-scheduled the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of “exceptional” difficulties - lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturdays are optional.

15.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

Varsity coaches will meet at the end of the league season to select the men’s and women’s Coaches of the Year and the men’s and women’s All-League teams of fourteen (14) players each, which will include the men’s and women’s Players of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league).

15.06 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. Goal differential between the two teams involved in the tie (not to exceed more than 10 goals in any single game)
2. Greatest number of wins within the tie
3. Greatest number of wins above the tie
4. Greatest number of wins versus the highest-placed team above the tie
5. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
6. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

MEN'S AND WOMEN'S WRESTLING

16.00 GOVERNING RULES

The National Federation rules shall govern all play except whereas modified by CIF or Sac-Joaquin Section.

16.01 CONTACTS

Each wrestler will be allowed a maximum of 40 competition matches prior to the league tournament, excluding the section dual championships.

16.02 START DATES

The CIF Sac-Joaquin Section will designate starting dates

16.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

16.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. In tournaments, every match in which a wrestler competes counts as a match.
- C. In dual/tri/double-dual and dual meet tournaments every match that a wrestler has counts as one match.
- D. Weigh-ins will be held in accordance with the NFHS Rulebook. Scales will be available for both teams prior to the weigh-in. All weight classifications will follow section regulations
- E. Uniforms and equipment will follow Sac-Joaquin Section rules.
- F. No dual matches are to be held after the league tournament.
- G. The dual match league record will determine the league champion.
- H. A Delta League team champion will be recognized only if a minimum of three schools have wrestlers in seven different weight classifications on their roster on the day of the first league dual match(es).

16.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS

All-League selections will be determined by the first place finishers in each individual event at the league championship meet. One individual per school shall be selected for the Sportsmanship Award (not a member of the all league). Coaches are to select the Coach of the Year.

16.06 POST-SEASON QUALIFICATION PROCEDURE

The Sac-Joaquin Section determines post-season qualification for individuals. The following procedure shall be used to break team ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule)
2. The number of pins in head to head competition
2. Greatest number of wins within the tie
3. Greatest number of wins above the tie

4. Greatest number of wins versus the highest-placed team above the tie
5. Greatest number of wins below the tie starting with the next-placed team below the tie and moving downward
6. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

APPENDIX A

**SCHEDULE FOR HOSTING
Delta League Championship Events**

	2018-2019	2019-2020	2020-2021	2021-2022
Girls Tennis	St Francis @ Rio del Oro	Franklin @ Laguna Creek Racquet Club	Davis	Cosumnes Oaks @ Laguna Creek Racquet Club
Wrestling	Sheldon	Sheldon	Franklin	Cosumnes Oaks
Swimming	Jesuit	Jesuit	Jesuit	Jesuit
Boys Tennis	Davis	Pleasant Grove @ Laguna Creek Racquet Club	Jesuit @ Rio del Oro	Cosumnes Oaks @ Laguna Creek Racquet Club
Track	Davis	Jesuit	Elk Grove	Sheldon

Note: Sites that do not include a rental fee will be given preference in order to keep league dues at a reasonable level.

APPENDIX B

**Delta League
Bylaw Change Form**

This form must be completed with appropriate documentation and include the signature of the Sport Representative, and must be presented to his/her Athletic Director for his/her signature at least two weeks prior to the next scheduled Athletic Director's meeting. If approved by the Athletic Directors, it will be presented at the next regularly scheduled Delta League Administrative Council meeting for a first reading. A vote shall then be taken at the next regularly scheduled meeting following the first reading and may be passed with a 2/3 majority vote. Bylaw amendments designated as urgent and approved by 2/3 of the voting members may take effect after a first reading.

Sport (if needed): _____ Date Submitted to Sport Rep (if needed): _____

Existing Bylaw # (if needed): _____

Proposed Language Change to Bylaw/Proposed New Bylaw:

Originating Coach Signature (if sport specific): _____ Date: _____

Sport Rep. Signature (if sport specific): _____ Date: _____

Athletic Director Signature: _____ Date: _____

	<u>Coaches Vote</u>		<u>AD Vote</u>		<u>AC Vote</u>	
Cosumnes Oaks	Y	N	Y	N	Y	N
Davis	Y	N	Y	N	Y	N
Elk Grove	Y	N	Y	N	Y	N
Franklin	Y	N	Y	N	Y	N
Jesuit	Y	N	Y	N	Y	N
Pleasant Grove	Y	N	Y	N	Y	N
Sheldon	Y	N	Y	N	Y	N
St. Francis	Y	N	Y	N	Y	N