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**DELTA LEAGUE  
SAC-JOQUIN SECTION OF THE CIF**

**ARTICLE I**

**NAME AND PURPOSE**

- Section I** This organization shall be known as the Delta League of the Sac-Joaquin Section of the California Interscholastic Federation.
- Section II** The purpose of this organization is:
- a. To direct, coordinate and control board approved athletics and other activities.
  - b. To assume the responsibility for administration and supervision of all activities concerned.
  - c. To cultivate and foster, by observance of good standards of sportsmanship and the exchange of ideas, cordial and friendly relations among schools.

**ARTICLE II**

**MEMBERSHIP**

- Section I** The Delta League membership will include those schools identified to be in the league by the Sac-Joaquin Section of the CIF

**ARTICLE III**

**REPRESENTATION**

- Section I** The business of the league is to be transacted by designated representatives of each school assembled in an official league meeting. Designated representatives shall consist of either the principal or vice principal, and the athletic director as certified by the principal of each school. All representatives shall have full suffrage including rights to bring motions to the floor, make seconds to motions, take part in discussions, and debate. However, a representative from one school may not second a motion made by a representative from the same school. Each member school will be permitted one vote for all general league business and one vote for any business regarding the specific sports in which it participates.
- Section II** The president of the league may at his/her discretion invite to any meeting any guest who in his/her opinion has business pertinent to an agenda item.
- Section III** A new school will be permitted to vote at the first league meeting after the Board of Managers has assigned it to the league.

## ARTICLE IV

### MEETINGS

- Section I** There shall be a minimum of four meetings annually. One in August; one in October; one in January; and one in April with each meeting to precede the Sac-Joaquin Section Board of Managers meeting. The agenda for each meeting shall be sent to the principals at least one week prior to the meeting and posted 48 hours in a public place prior to the meeting.
- Section II** Special meetings may be called at any time by the president with the consent of the majority of the schools.
- Section III** The athletic directors and/or designee shall meet at least one week prior to the Administrative Council meetings. The purpose of the Athletic Directors' meeting is to address issues relating to the Delta League athletic programs and policies. In addition, the athletic directors will hold one additional meeting during the spring semester. The purpose of this meeting is to develop recommended schedules for the following year.
- Section IV** A quorum is necessary for the transaction of Delta League business at any regular or special meeting called by the President. A quorum shall be representation by 50% plus one league school.
- Section V** At the beginning of each season one member school will host a preseason meeting that all head varsity coaches for that season shall attend. The Sport Representative for each sport will facilitate the preseason meeting and set a date for the postseason meeting.
- Section VI** In the week following the completion of the regular season, all head varsity coaches shall attend a postseason league meeting. The Sport Representatives for each sport will facilitate the meeting and members of the All-League team and Coach of the Year will be selected per Delta League Bylaws for that sport. All sports which culminate with a League Championship Meet may conduct their postseason meeting on that day.
- Section VII** Robert's Rules of Order Revised shall govern the conduct of the meeting of the league.

## ARTICLE V

### OFFICERS

- Section I** The officers of this league shall be: President, Vice-President and Commissioner. Either principals or vice-principals shall fill the offices of president and vice-president.
- Section II** At the April meeting of each even year, the league shall elect a president and vice-president who shall be from separate schools.
- Section III** The president shall be the representative of the league to the Board of Managers of the Sac-Joaquin Section unless the league elects someone other than the president as the representative.
- Section IV** Standing Committee-Athletics: With the approval of the Administrative Council of the league, there shall be a standing committee formed for each recognized league sport, consisting of all the coaches in the particular sport and chaired by a designated athletic director and a coach who is to be selected by the other coaches.

## ARTICLE VI

### FINANCE

- Section I** The rate for league dues will be set at the first Administrative Council meeting of each school year.
- Section II** The league dues shall be paid by each school within thirty days of the first league meeting.
- Section III** All checks drawn against the league shall be the responsibility of the Administrative Council.
- Section IV** A yearly audit of the books of the league shall be the responsibility of the Administrative Council.
- Section V** The stipend for the commissioner shall be reviewed on a yearly basis.
- Section VI** Assessments: Playoff money returned to the league by the section office will be used to supplement the league budget. A yearly assessment will be determined during the formulation and approval of the league budget.
- Section VII** For all Delta League Championships, after expenses are paid, any profit will go to the league treasury and any loss will be absorbed by the league.

**ARTICLE VII**  
**JOB DESCRIPTIONS**

**President/Vice President**

- Section I** The president shall preside at all league meetings.
- Section II** The president shall appoint the chairman of standing committees and special committees as needed with the approval of the Administrative Council.
- Section III** Pursuant to Constitution, Article IV, Section I, the president shall delegate or prepare and distribute an agenda for each Delta League meeting to member schools at least one week prior to the meeting.
- Section IV** The president shall be authorized to transact any necessary business of the league between meetings.
- Section V** The vice president shall assume the duties of the president in his/her absence.

**Commissioner**

- Section I** Works with the President to prepare the agenda and back-up materials for all Delta League meetings and distributes them for each Administrative Council meeting to all member schools at least one week prior to the meeting.
- Section II** Attends each Delta League Administrative Council meeting and serves as secretary, taking minutes, and distributing two copies of the minutes to each member school.
- Section III** Administers all financial duties of the Delta League. He/she shall take charge of all monies and deposit them in a bank and pay all league bills by check. At each league meeting he/she shall submit a written report of disbursements of the preceding months, including the balance on hand.
- Section IV** Attends and participates in CIF Sac-Joaquin Section Board of Managers' meetings. Advises, as needed, the Administrative Council, the President, and member school personnel about the constitution and bylaws of the Delta League, the Sac-Joaquin Section, and the CIF so that violations do not occur.
- Section V** Serves as the Delta League liaison providing correspondence with, and giving information to, people and groups both within and outside the league.

- Section VI** Attends, upon request from the Section Office, play-off committee meetings for sports involving Delta League teams.
- Section VII** Supervises the overall development of the sports schedules and presents these schedules to the Administrative Council.
- Section VIII** Helps schools resolve scheduling conflicts, as needed.
- Section IX** Purchases and distributes All-League and Sportsmanship patches and league championship banners.
- Section X** Updates the by-laws and posts on the league website.
- Section XI** Performs tasks as directed by the Delta League President.
- Section XII** Attends all preseason head varsity coach meetings.
- Section XIII** Communicates league playoff qualifiers to the Sac-Joquin Section Office.
- Section XIV** Communicates All-League selections to the local media.

#### **Sports Representative**

- Section I** Schedule, organize and manage preseason and postseason league meetings
- Section II** Create and distribute a list of league coaches' phone numbers and email addresses.
- Section III** Report final league standings to the commissioner within 24 hours of the end of league play.
- Section IV** Report All-League and Coach of the Year selections to the commissioner within one week of the end of league play.
- Section V** Distribute All-League patches and championship banners.

## ARTICLE VIII

### ADMISSION INFORMATION

**Section I Admission to ALL Delta League athletic contests (excluding Flag Football) shall be:**

Children 5 years old and under with parent/guardian	Free
Children K-8 <sup>th</sup> grade with parent/guardian	\$5.00
Senior Citizens (65 years and older)/Military I.D. Card	\$5.00
High school students with current Student I.D Card	\$5.00
Adults and students without current Student Identification card	\$9.00

**Section II Admission to Flag Football contests shall be:**

Children 5 years old and under with parent/guardian	Free
ALL others will be charged General Admission	\$5.00

**Section III** It is mandatory that admission prices be posted. Schools may offer special season prices, courtesy rates, etc., but these special season prices need not be posted at the entrance to the event.

**Section IV** Advance Ticket Sales: Money will be collected from the individual rooters at the gate of the home team unless advance collection was requested by the visiting team and approved by the home team.

**Section V** Player Passes: No player passes will be issued. The coach of each team will be responsible for getting his players into the game facility.

**Section VI** Each school may issue a faculty pass/ID that admits two, and is to be honored at all home and away league activities in which the school participates.

## ARTICLE IX

### RATIFICATION

- Section I** Upon acceptance of these By-laws and Constitution by a simple majority of the league, they shall become effective on October 1, 2018.
- Section II** Any proposed amendments to these Constitution and Bylaws shall be submitted in writing and read at a regularly scheduled league meeting. The form in Appendix B must be completed with appropriate documentation and include the signature of the Sport Representative (if a sport specific bylaw), and must be presented to his/her Athletic Director for his/her signature at least two weeks prior to the next scheduled Athletic Director's meeting. If approved by the Athletic Directors, it will be presented at the next regularly scheduled Delta League Administrative Council meeting for a first reading. A vote shall then be taken at the next regularly scheduled meeting following the first reading and may be passed with a 2/3 majority vote. Bylaw amendments designated as urgent and approved by 2/3 of the voting members may take effect after a first reading.
- Section III** A simple majority of those voting will decide motions. However, votes to "abstain" will not be used in calculating what constitutes a simple majority.



## GENERAL SPORTS RULES AND BYLAWS

### PLAYOFFS AND APPEALS

- 1.0** Any coin toss for Delta League playoff qualification must be conducted in the presence of the Delta League President/designee or League Commissioner.

Coin Toss Protocol:

- a) The President/designee or Commissioner and the representatives from each school will have a coin. The President/designee or Commissioner will toss his coin to establish a head or tail. If the President's school is involved in the coin toss, the Commissioner will conduct the toss.
  - b) Following that coin toss, each school representative will simultaneously toss their coin.
  - c) Any school(s) whose coin toss matches the toss of the President/designee or Commissioner will be considered the winner(s) of the coin toss.
  - d) If there are more schools than playoff spots available, the remaining schools will continue to toss their coin to match the original toss of the President/designee or Commissioner until all playoff spots have been filled.
  - e) If only two teams are involved, a simple coin toss is acceptable if both schools agree.
- 1.1** The League Ethics Committee shall be composed of two administrators and two athletic directors appointed by the league president. The committee will not include representatives from either the appealing or complaining schools. It will serve as a fact-finding committee on matters involving Constitution and By-law violations. Requested matters for review by the Ethics Committee shall be submitted as follows:
- A. A telephone call by the complaining school's principal or administrative designee must be made to the alleged violating school's principal/administrative designee prior to filing a written complaint. The complaining school must then send the written complaint to the alleged violating school's principal, the league president and the league commissioner.
  - B. The league president may refer the complaint to the Ethics Committee, which will, if possible, render a decision within three school days.
  - C. If the Ethics Committee has determined that a violation has occurred, they must meet to determine recommended penalty/penalties. The following alternatives have been adopted by the Administrative Council for the Ethics Committee to consider:

- a) Issue a letter of reprimand.
- b) Reduce practice games and/or scrimmages the following season for the violating school.
- c) Assess a monetary fine of not less than \$50.00
- d) Probation:
  - i) Place violating team on probation for one year. Further violations within the school's athletic program would result in school wide probation.
  - ii) Further violation of (i) above would result in suspension of the violating team from post-season competition for one year.
  - iii) Further violation of (i) and (ii) above would result in suspension of all the teams of the violating school from post-season play for one year.
- e) Mandate forfeiture of league contests – the number of which is to be determined by the Ethics Committee.
- f) Suspend the violating team from possible section competition in the year the violation occurs.

D. Upon completing its investigation, the committee will report its findings, along with its recommendations, to the league president who will then take appropriate action.

E. Appeals may be made to the Delta League Administrative Council by filing an appeal with the league president who shall appoint two principals and one athletic director to hear the appeal and make a recommendation to the president. The appeal committee will not include representatives from either the appealing or complaining schools.

**1.2** Protests concerning games, rule interpretations, and ejections will follow procedures as outlined:

- A. Any applicable protest is to be originated by the principal of the school making the protest.
- B. If a school decides to protest a game, rule interpretation, or Delta League Bylaw, the principal of the protesting school is required to submit the protest in writing to the League Commissioner and President within 48 hours of the contest (or by noon Monday for a Friday/Saturday contest). This protest can be submitted via email. The League President shall then convene a Protest Committee consisting of two principals and one athletic director to hear the protest. The Protest Committee will then either uphold or overturn the ruling. The committee will not include representatives from the school that is involved in the protest, its opponent that game, or include representatives from the protesting school or its opponent in that game.

C. The League Commissioner shall notify the appealing principal of the decision rendered by the protest committee.

- 1.3** Player or coach ejections from a contest will follow procedures as outlined:
- A. A school principal may appeal multi-game ejections in writing to the CIFSJS Commissioner. The appeal must be received by the CIFSJS Office within 48 hours of the date of the ejection. Reasons for the appeal may only include misidentification of the ejected player or a misapplication of the rule. There will be no appeal regarding the judgment of the official. **Note: There is no appeal process for single game ejections.**
  - B. The CIFSJS is allowing a principal, on single game ejections, to file a misapplication grievance, which will be reviewed by the CIFSJS Section Office. The same timeline as 1.3A above applies.

## SCHEDULES AND CHAMPIONSHIPS

- 2.0** Procedure for disseminating league information: All sports schedules that are submitted for approval should indicate “Draft Schedule.” When the Administrative Council has approved the schedule, a new copy will be issued by the commissioner, which will state the date of adoption.
- 2.1** The following steps must take place for a contest date to be rescheduled once the schedules have been approved by the Administrative Council, with the exception of make-up games (see specific sport bylaws). The opposing school must be notified of the request at least two weeks in advance of the contest date.
1. The coach requesting the change must seek approval from his/her athletic director.
  2. The athletic director of the school seeking the change must confirm with the athletic director of the opposing school(s) that he/she approves of the change.
  3. Once the opposing school(s) accepts the change, the athletic director of the school seeking the change must communicate the proposed change to the other athletic directors in the league.
- Athletic directors must respond in writing to the request within 48 hours or they will be considered a “yes” vote. If the vote of the athletic directors results in a tie, the proposed change will be brought to the commissioner and president for a final decision.
- 2.2** Any time three or more league schools field a team in a sport, there will be league competition and the schools are required to participate with other member schools of the Delta League.
- 2.3** The athletic week starts with Monday and ends with Saturday.
- 2.4** In the case of a tie for first place, all teams involved in the tie will be considered league champions and will receive a championship banner. The tiebreak procedures for that sport will determine the league seeding for Sac-Joaquin Playoffs.

## **SUPERVISION AND GAME CONDUCT**

- 3.0** The principal of each league school is responsible for the conduct of his/her students, coaches, and teams, as well as adherence to Sac-Joaquin Section rules, regulations, and the Code of Conduct.
- 3.1** Schools will refrain from putting up negative signs at any competition site. All signs must show good sportsmanship.
- 3.2** Visiting schools will refrain from bringing any band or performance group – except cheerleaders – or hosting any student body activity prior to or during an athletic contest, except with prior approval by the administration of both schools. Tailgating by visiting schools is also prohibited.
- 3.3** Senior Recognition Ceremonies are limited to the introduction by name of each senior student-athlete, their parent(s)/guardian(s), and siblings and will be conducted either before or after the varsity game. Any multi-media presentations are limited to after the varsity contest. The introduction of senior cheerleaders and/or band members is limited to either halftime of the varsity game or after the varsity game.

## **BASEBALL**

### **4.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **4.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **4.02 START DATES**

The CIF Sac-Joaquin Section will designate the starting dates.

### **4.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **4.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Each team is to have a maximum of fifteen (15) minutes to warm-up. The home team shall warm-up first.
- C. All game balls must bear the National Federation authentication mark.
- D. The host school shall furnish two umpires for all varsity league games. One umpire is to be used for freshmen and frosh/soph games and he must be behind home plate at all times.
- E. Makeup league games must be scheduled for the first available date and played in the order of cancellations. Once a cancelled game has been re-scheduled, the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of “exceptional” difficulties – lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturdays are optional, but no makeup games may be scheduled the week of spring break, per Delta League schedule, and no team will be asked to play five Delta League games in a calendar week. In the case of two schools wanting to move a league game to an earlier date than scheduled, in anticipation of bad weather, the following procedure must be followed. This provision takes precedence over Delta League Bylaw 2.1:
  - 1. If two schools agree to move a league game to an earlier date than scheduled in anticipation of bad weather, the home coach must send an email to all league coaches, athletic directors, and the league commissioner at least 48 hours prior to the start time of the scheduled game informing them of the new date. The home

- coach/athletic director may request umpires for this rescheduled game.
2. Coaches of other games scheduled on the original scheduled date, in consultation with their athletic directors, have the option of moving their game to the same new date. If both schools agree to move their game to the same new date, the home coach/athletic director will request umpires.
  3. If any of the games rescheduled to the new date are unable to get assigned umpires, the home team coach/athletic director will notify all coaches, athletic directors, and league commissioner of such, and ALL games rescheduled to the new date will be canceled and moved back to the original scheduled date.
- F. Coaches may coach the bases if they are in uniform.
- G. If a game ends in a tie it must be finished at the location of the next game between the two teams, prior to the regularly scheduled game. If no games remain between the two teams, the game must be finished at the same location where tied on the first available date, only if the outcome has a bearing on the league championship or playoff qualification/seeding. The home team during a game that is tied will still be the home team during completion of the tie game. Games are resumed at the point where play was stopped.

#### **4.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League Team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

#### **4.06 POST-SEASON QUALIFICATION PROCEDURE**

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined

- procedure below will be used to break that tie.
- b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
  3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
  4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
  5. Head to head competition (involves only contests played within league schedule).
  6. Run differential between the two teams involved in the tie (not to exceed 10 runs in any single game).
  7. Greatest number of wins within the tie.
  8. Greatest number of wins above the tie.
  9. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
  10. Greatest number of wins versus the next-placed team below the tie and moving downward.
  11. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.



## **MEN'S AND WOMEN'S BASKETBALL**

### **5.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **5.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **5.02 START DATES**

The CIF Sac-Joaquin Section will designate the starting dates.

### **5.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **5.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and league Commissioner by email, text, or call.
- B. Each team is to have a maximum of fifteen (15) minutes to warm-up.
- C. All game balls must bear the National Federation authentication mark and for Men's Basketball will be the Wilson Solution. If the Wilson Solution is no longer manufactured the CIFSJS designated playoff basketball will be used.
- D. Adult timers/scorers are to be used for all varsity basketball games.
- E. League game dates will be determined by the Delta League Administrative Council. Both men and women will have contests on Friday nights.

### **5.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League Team of fourteen (14) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

### **5.06 POST-SEASON QUALIFICATION PROCEDURE**

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.

- b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Greatest number of wins within the tie.
7. Greatest number of wins above the tie.
8. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
9. Greatest number of wins versus the next-placed team below the tie and moving downward.
10. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.

## CROSS COUNTRY

### **6.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **6.01 CONTACTS**

A team may have two meets per week including invitational meets.

### **6.02 START DATES**

The CIF Sac-Joaquin Section will designate the starting dates.

### **6.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **6.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Race distances will follow section guidelines and the order for the league meets will be as follows:
  - Frosh/Soph Men
  - Frosh/Soph Women
  - VarsityMen
  - VarsityWomen
- C. SCORING: Each school has unlimited entries in each race and need not declare their top seven runners. No matter how many runners from one school run in a race, only the first five are counted in the point total for that school, but the sixth and seventh runners from a school could be counted in determining the scores of other teams.
- D. SCORING AND STANDINGS: All schools will run in the same race. A school will receive one (1) point for each school it beats at a center meet. A school will receive two (2) points for each school it beats at the league championship meet. The champion will be determined by the total points accumulated in all the league meets.
- E. TIE BREAKING: If, after the championship meet two or more teams have the same number of points, the championship will be awarded to the team (of the tied teams) that finished higher in the championship meet. To determine the highest finisher in this situation, team scoring will be used.

### **6.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Based on their finish in the league championship meet, twelve (12) women and twelve (12) men in the varsity division will be selected as All-League. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League). Coaches are to select the Coach of the Year.

**6.06 POST-SEASON QUALIFICATION PROCEDURE**

Post-Season qualification is determined by the Sac-Joaquin Section.

## FLAG FOOTBALL

### **7.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **7.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **7.02 START DATES**

The CIF Sac-Joaquin Section will designate the starting dates.

### **7.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **7.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. The home team shall wear dark jerseys and the visiting team shall wear light jerseys.
- C. All game balls must meet CIFSJS regulations.
- D. Rules of play, practice, and games are governed by the CIFSJS.
- E. Field dimensions in league play will be 80 yards long with two (2) 10-yard end zones. The end zones will be the football field 10-yard lines on each end of the field with the football goal line being the back of the end zone. The width of the field will go from the football out of bounds line on the home side of the field to the outside of the opposite hash mark on the visitors side of the field. The hash mark closest to the home sideline will be used for the “middle of the field ball placement.”
- F. Halftime will be 5 minutes in length.
- G. Each host school will attempt to provide equitable spotting and filming locations for visiting opponents.
- H. Sideline Policy Home Sites:
  - 1. Home sites must have pass procedures to determine eligibility for being on the sidelines. Home team fans will not be allowed to enter the playing field or track area before, during, or after the game.
  - 2. Home sites will place appropriate signage on the visiting sidelines games.
- I. Visiting Team Responsibility:
  - 1. Team/Game personnel are the only people allowed on the sidelines.
  - 2. Visiting team fans will not be allowed to enter the playing field or track area before, during, or after the game.

### **7.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

### **7.06 POST-SEASON QUALIFICATION PROCEDURE**

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Point differential among the two teams tied (not to exceed 12 points in any single game).
7. Greatest number of wins within the tie.
8. Greatest number of wins above the tie.
9. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.

10. Greatest number of wins versus the next-placed team below the tie and moving downward.
11. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.

## FOOTBALL

### **8.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **8.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **8.02 START DATES**

The CIF Sac-Joaquin Section will designate the starting dates.

### **8.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **8.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. The home team shall wear dark jerseys and the visiting team shall wear light jerseys.
- C. All game balls must bear the National Federation authentication mark.
- D. No game may start until a physician and/or an ambulance, staffed by a paramedic, is in attendance for all freshmen, frosh/soph and varsity football games. The home team is responsible for these arrangements.
- E. Half time will be 15 minutes for all games. An exception may be made for homecoming and/or other special events as mutually agreed upon by coaches prior to the game.
- F. There will be a minimum of 25 minutes for warm-up at the conclusion of the frosh/soph game.
- G. Adult chain gangs and timers are to be used at all varsity football games.
- H. Each school will provide its own communications system.
- I. Participation of visiting bands will be determined by the two schools.
- J. Film exchange for varsity will consist of the two most recent games and will be exchanged the day following the league contest. There will be no third party exchange of film without the consent of the coaches involved. Any film exchange for frosh/soph and freshmen will be arranged directly by the parties involved.

### **8.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches are to meet during the week following the last league football game to select the All-League team and the Coach of the Year with procedures to be developed by the coaches. Forty four (44) All-League players will be selected, which will include these categories: Offensive, Defensive, Offensive



Lineman, Defensive Lineman, All Purpose, and Most Valuable Player. The first votes taken will include only those players nominated for players of the year categories. Once those votes are complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

#### **8.06 TIED GAMES**

All varsity games (non-league, league, and playoff) involving Sac-Joaquin Section schools that end in a tie at the end of regulation, will be played to a conclusion (a winner and a loser) using the ten-yard line overtime procedure as stated in the NFHS rule book.

#### **8.07 POST-SEASON QUALIFICATION PROCEDURE**

Qualification for the Sac-Joaquin Section playoffs is determined by the approved system.

#### **NOTE: REGARDING USE OF PRESS BOX FACILITY.**

This is a rule of the Delta League, but not part of the bylaws. One visiting team spotter and one visiting team film person shall be permitted inside the home press box, if one home spotter and one home team film person is permitted inside the home team press box. Similarly, one visiting team spotter and one visiting team film person shall be permitted on top of the press box, if the home team has a spotter and a film person on top of the press box.

## WOMEN'S AND MEN'S GOLF

### 9.00 GOVERNING RULES

U.S.G.A. rules and home course rules are to be followed.

### 9.01 CONTACTS

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section. Teams may not play more than two days per week. A contest, match or scrimmage is defined as any meeting of two or more schools.

### 9.02 START DATES

Women: The CIF Sac-Joaquin Section will designate starting dates.

Men: The CIF Sac-Joaquin Section will designate starting dates.

### 9.03 PLAYER CLASSIFICATION

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### 9.04 RULES OF THE SPORT

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Women: Players will play from the women's tees or those deemed appropriate and mutually agreed upon by the coaches.  
Men: Players will play from the championship tees.
- C. The league schedule is subject to the availability of golf courses.
- D. Schools will use a six (6) person team, and are to follow CIF scoring rules; medal play, low 5 out of 6 scores count in determining the match winner. In the case of a tie, the score of the #6 players will be used. Caddies will not be allowed.
- E. A two-stroke penalty for throwing clubs will be assessed per infraction if seen by an official or coach. All infractions must be brought by a coach or official to the attention of the host school's coach following the end of the tournament.
- F. Within any Dual Match or League Tournament, a concurrent individual and team competition is held. Team members are considered individuals and concurrently members of the team. Prior to the match, each head coach is allowed to designate one district certified assistant coach that will be allowed to coach his players, along with the head coach, ONLY from the time a golfer makes his/her last stroke on a hole, until he/she arrives at the next tee box. This MUST NOT disrupt play or interfere with the pace of play. Prior to the match each head coach will inform the opposing head coach(s) the name of this designated assistant coach. OTHERWISE, Rule 8 of the "Rules of Golf" specifically prohibits players from receiving any counsel or suggestion from anyone (including their coach, other players, spectators, etc) that could influence them in determining their play, the choice of club, or the method of

making a stroke. General course knowledge, such as distances and hazards on the course may be shared among players.

G. Scoring system for team/individual league champions:

Team: The league champion for a team will be determined by the following points system:

Tournament – 1<sup>st</sup> place team – 8 points; 2<sup>nd</sup> place team – 6 points; 3<sup>rd</sup> place team – 5 points; 4<sup>th</sup> place team – 4 points; 5<sup>th</sup> place team – 3 points; 6<sup>th</sup> place team – 2 points; 7<sup>th</sup> place team – 1 point; a team forfeit – 0 points

Dual Match - 1<sup>st</sup> place team – 2 points; 2<sup>nd</sup> place team – 0 points; Tie – 1 point (in the case that the scores of the #6 players do not break the tie); a team forfeit – 0 points

Team(s) with the most points (combined score of tournaments/duals) will be league champions.

Point System for Tournament Scoring: Tournament Medalist – 42 points; 2<sup>nd</sup> place – 41 points; 3<sup>rd</sup> place – 40 points; etc...42nd place – 1 point; a DQ – 0 points

Point System for Dual Match Scoring: Match Medalist – 12 points; 2<sup>nd</sup> place – 11 points; 3<sup>rd</sup> place – 10 points; etc...12<sup>th</sup> place – 1 point; a DQ – 0 points

Tournament/Match scoring ties will be the amount of points by place divided by the number of individuals tied. The lowest individual points scored in either a tournament or a match will be discarded.

Individual: The league champion for individuals will be determined by the following points system: The highest combined score from the three league tournaments will determine the league champion. In case of a tie there will be co-champions.

### 9.05 ALL-LEAGUE AWARDS AND SELECTION

All-League golfers will be selected according to their finish in the three league tournaments combined. The highest combined scoring player will be the MVP and the next nine (9) low qualifiers will be All-League. If there is a tie for the #10 all-league qualifier, all players tied will receive All-League recognition. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League). Coaches are to select the Coach of the Year.

### 9.06 POST-SEASON QUALIFICATION

The number of teams and individuals qualifying for divisionals will be determined as per section rules. Qualifying players will be determined by their combined scoring totals from league tournaments and dual matches. In the case of a tie for the last individual qualifier, there will be a sudden death playoff at the last league tournament (or if necessary at a site to be arranged on the day following the conclusion of all league contests).

For team competition, the following procedure shall be used to break ties in the order as listed:

1. Head to head competition (involves only contests played within league schedule).

2. Team score among teams tied in the last Center Meet of the season. If tie remains, add sixth player's score.
3. Team score among teams tied in the next to last Center Meet of the season. If tie remains, add sixth player's score
4. Team score among teams tied in first Center Meet of the season. If tie remains, add sixth player's score.
5. Greatest number of wins within the tie.
6. Greatest number of wins above the tie.
7. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
8. Greatest number of wins versus the next-placed team below the tie and moving downward.
9. If a tie still exists, then there will be a coin flip conducted by the League President in the presence of representatives from schools involved.

## WOMEN'S AND MEN'S LACROSSE

### **10.00 DELTA LEAGUE GOVERNANCE**

- A. Schools assigned to the Delta League **FOR LACROSSE ONLY** by the CIFSJS are not members of the Delta League Administrative Council and have **NO** voting authority on any item that comes before the Delta League Administrative Council. These assigned schools have voting rights that pertain only to the sport of lacrosse.
- B. These assigned schools will be charged a reasonable league assessment as determined by the league commissioner.
- C. Pertaining to lacrosse only, the term "league president" will be replaced by the term "league commissioner" in all Delta League Bylaws, including Playoffs and Appeals, Schedules and Championships, and Supervision and Game Conduct.

### **10.01 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

- A. Boys lacrosse competition shall be governed by the National Federation of State High School Associations Boys Lacrosse Rules.
- B. Girls lacrosse competition shall be governed by the US Lacrosse Girls Lacrosse Rules as endorsed by the National Federation of High School Associations.

### **10.02 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **10.03 START DATES**

Men: The CIF Sac-Joaquin Section will designate the starting dates.

Women: The CIF Sac-Joaquin Section will designate starting dates.

### **10.04 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **10.05 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. There will be three (3) referees assigned to each boys varsity game, provided that the teams may by agreement play a varsity game with two (2) referees. Two (2) referees will be assigned to each league JV game, provided that teams may, by agreement, play a JV game with one (1) referee. All referees must be certified by the Northern California Lacrosse

- Referees Association (NCLRA) or such other organization as selected by the league. The host team is responsible for paying all referee fees.
- C. There will be two (2) officials assigned to each girls league game, with the possibility of three (3) if requested for higher level (more competitive) games. Teams may, by agreement, play a varsity game with one (1) official. All officials must be certified by the Northern California Women's Lacrosse Officials (NCWLO) or such organization as selected by the league. The host team is responsible for paying all referee fees
  - D. The home team will furnish game balls. Only balls with the National Federation authentication mark shall be used.
  - E. Home team uniform jerseys shall be light and the visitor jerseys shall be dark.
  - F. Lacrosse is a dangerous sport using a hard rubber ball thrown at high velocity. For this reason, only players, coaches, trainers, doctors, game officials, scorekeepers, and members of the press are allowed on the sidelines. Spectators must remain in the stands. Only ball retrievers are allowed behind the end line of the field. They must be equipped with the proper lacrosse protective equipment, including helmet, mouth guard, and other protective gear required of the players. The ball retrievers shall remain at least 15 yards behind the end line during play. Their attire should be in contrast to the two teams playing on the field.
  - G. The Delta League shall follow the ejections policy set forth in Section 503M of the CIFSJS Bylaws when a player has been ejected from a game in accordance with Rule 5 Section 11 of the NFHS Boys Lacrosse Rules (or subsequent amended version of said rule), or Rule 7 Section 31 of the US Lacrosse Women's Lacrosse Rules.
  - H. Make-up league games must be scheduled for the first available date and played in the order of cancellations. Once a game has been re-scheduled the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of "exceptional" difficulties - lack of transportation, officials, or school closure being deemed "exceptional." This veto may not be invoked by the coach or athletic director, but must come directly from the school's administrative office. Saturdays are optional, and no school is required to make-up games their week of spring break.

#### **10.06 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

## 10.07 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Goal differential (goals for less goals against) among the teams tied
7. Greatest number of wins above the tie.
8. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie
9. Greatest number of wins versus the next-placed team below the tie and moving downward.
10. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.

## WOMEN'S AND MEN'S SOCCER

### **11.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **11.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **11.02 START DATES**

Men: The CIF Sac-Joaquin Section will designate the starting dates.

Women: The CIF Sac-Joaquin Section will designate starting dates.

### **11.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **11.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Three (3) officials are to be ordered for all games.
- C. The home team will furnish a number five (5) game ball, which must bear the National Federation authentication mark.
- D. The home team will wear dark colored uniforms and the visitors will wear white colored uniforms.
- E. Scoring for league placement will be as follows:
  - i. Win - 3 points
  - ii. Tie - 1 point
  - iii. Loss - 0 point
- F. Make-up league games must be scheduled for the first available date and played in the order of cancellations. Once a game has been re-scheduled the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of “exceptional” difficulties - lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturdays are optional.

### **11.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

Updated 8/25/24



**11.06 POST-SEASON QUALIFICATION PROCEDURE**

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Goal differential between the two teams involved in the tie (not to exceed 5 goals in any single game).
7. Greatest number of wins within the tie.
8. Greatest number of wins above the tie.
9. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
10. Greatest number of wins versus the next-placed team below the tie and moving downward.
11. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved

## SOFTBALL

### **12.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **12.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **12.02 START DATES**

The CIF Sac-Joaquin Section will designate starting dates.

### **12.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **12.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. The home team shall provide a leather softball which must bear the National Federation authentication mark.
- C. There will be two umpires for league varsity games and at least one umpire, who will be behind home plate at all times, for freshmen and frosh/soph games.
- D. Coaches may coach bases.
- E. Makeup league games must be scheduled on the first available date and played in the order of cancellations. Once a game has been re-scheduled the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of “exceptional” difficulties - lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturday’s are optional, but no make-up games may be scheduled during spring break, per Delta League schedule, and no team will be asked to play five Delta League games in a calendar week.
- F. If a game ends in a tie, it must be finished at the location of the next game between the two teams, prior to the regularly scheduled game. If no games remain between the two teams, the game must be finished at the same location where tied on the first available date, only if the outcome has a bearing on the league championship or playoff qualification/seeding. The home team during a game that is tied will still be the home team during completion of the tied game. Games are resumed at the point where play was stopped.

- G. Freshmen and frosh/soph games are limited to no more than two (2) hours. No new inning shall begin after 2 hours have expired from the start of the game.
- H. The section ten (10) run rule will be in effect for all varsity games.

### **12.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of twenty (20) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

### **12.06 POST-SEASON QUALIFICATION PROCEDURE**

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Run differential between the two teams involved in the tie (not to exceed 10 runs in any single game).

7. Greatest number of wins within the tie.
8. Greatest number of wins above the tie.
9. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
10. Greatest number of wins versus the next-placed team below the tie and moving downward.
11. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.

## **SWIMMING AND DIVING**

### **13.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **13.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **13.02 START DATES**

The CIF Sac-Joaquin Section will designate starting dates.

### **13.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **13.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. After the designated start date, no high school student will be able to swim in any competition other than a high school sponsored meet. For outside competition refer to Sac-Joaquin Section By-law Articles 600 - 605.
- C. The official program, order of events and rules regarding swimming and diving will be conducted as per section rules.
- D. Conduct of League Championship Meet:
  1. The league champion is to be determined by the league dual meet record and league championship meet. One point earned for every dual meet win and two points earned for each team a school finishes ahead of at the league meet. Total number of points will determine the league champion. In case of a tie, the team that finishes the highest in the Delta League Championship Meet will be declared the winner.
  2. The athletic director or swimming coach of the host school shall serve as the meet director and be responsible for conducting the business details according to the adopted administrative policies and procedures.
  3. The host school is to print and send out entry information at least two weeks in advance of the meet.
  4. Entry cards shall be in the hands of the meet director no later than noon of the Sunday preceding the meet. Divers shall submit a signed copy of their entire diving program by the scratch deadline.
  5. No additions, withdrawals, or substitutions may be made after noon on the Sunday preceding the meet. No deviations from this rule will be permitted.

6. The meet director will hold a scratch meeting immediately preceding both the diving and swimming competition.
7. The host school shall be responsible for the following:
  - a. Officials, timers, and judges.
  - b. Starter(s)
  - c. Printing of program
8. A meet summary of the results shall be published and sent to participating schools, the news media and the commissioner by the meet director.

#### 13.05 **ALL-LEAGUE AWARDS AND SELECTION PROCESS**

The first-place finishers in each individual event at the championship meet will determine All-League selections. First place relay teams will also be considered all-league. Individuals are limited to one All-League patch regardless of the number of first place finishes he/she may earn. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League). Coaches are to select the Coach of the Year.

#### 13.06 **POST-SEASON QUALIFICATION PROCEDURE**

Post-Season qualification is determined by the Sac-Joaquin Section.

## **WOMEN'S AND MEN'S TENNIS**

### **14.00 GOVERNING RULES**

The U.S.T.A. rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **14.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **14.02 START DATES**

Women: The CIF Sac-Joaquin Section will designate the starting dates.

Men: The CIF Sac-Joaquin Section will designate starting dates.

### **14.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **14.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Matches for league play will consist of 6 singles and 3 doubles with no doubling of players. All matches will be two of three sets, including doubles. A 10-point match tie-breaker will be used in lieu of any necessary third sets. No-Ad scoring will be used with the official U.S.T.A. seven (7) point tiebreaker game played at six (6) all in any set.
- C. Rainouts are to resume at the point at which play was suspended.
- D. U.S.T.A. rules will be followed in league play. The home team will supply either Dunlap, Penn, or Wilson “Championship Extra Duty” yellow tennis ball for all matches. Teams may warm up together for a total of ten (10) minutes. In the event of a disagreement between players, the decision of the coaches will be final. A coach may coach a player at any time during the match so long as it does not interfere with the pace of play. Coaching may not take place while the ball is in play. Coaches are not allowed to pull players over to coach during the 20 second break between points and players must remain on the court at all times. The purpose of coaching is to offer advice to their player/team and in no way talk to or distract the opposing player(s). There is to be no break after the first game. Prior to the start of play, each coach will submit lineups simultaneously.
- E. The strength ladder must represent both singles and doubles players strength on the team roster, starting with the highest strength player as number one (1) to the lowest strength player listed last. This player strength ladder will be enforced for all matches. Schools may not have a separate strength ladder for singles and doubles. Ladders may slightly change throughout the season

due to challenges which could affect the strength ladder. It is the responsibility of the head coach to not stack the team strength ladder. Singles play: The No. 1 singles player must be ranked higher on the team individual player strength ladder than the No. 2 singles player. The No. 2 singles player must be ranked higher than the No. 3 singles player. The No. 3 singles player must be ranked higher than the No. 4 singles player. The No. 4 singles player must be ranked higher than the No. 5 singles player. The No. 5 singles player must be ranked higher than the No. 6 singles player.

Doubles play: Doubles teams will play according to the two players' combined ranking on the player strength ladder (lowest combined sum of a team's ranking is the No. 1 team). If the sum of any of the ladder positions for two or three of the teams is equal, then the highest ranked individual player shall play on the higher ranked doubles team.

If a player on the ladder is not available to play the coach may not forfeit the match in order to keep the rest of the team in their normal positions. If a team does not have enough players they must forfeit #6 singles (missing 1 player) or #3 doubles (missing 2 players), etc.

**NOTE:** Your singles lineup has no effect on your doubles order. You can play your #5 and #6 in doubles and your #10 in singles. The final order is then determined by the rules above.

Lineups may change from one match to the next. If a player in the lineup is unable to play, a substitution is allowed, provided the ladder rules stated above are met. No player can appear in the lineup unless she is listed on the ladder. Strength Ladders may slightly change throughout the season due to challenges which could affect the strength ladder. It is the responsibility of the head coach to not stack the team strength ladder. Moving players with the intent of gaining an advantage is not permitted and shall subject the team to default.

Prior to the start of play, each coach will simultaneously submit to the opposing coach his/her match lineup and strength ladder. If either team's lineup does not follow the above stated rules, the lineup must be corrected prior to competition. A protest can only be waged if there is a violation and the coach failed to correct the error when notified. If the violation is not discussed by both coaches prior to the start of competition, there can be no protest.

#### F. LEAGUE TOURNAMENT FORMAT:

1. There will be a singles and doubles championship tennis tournament held on separate days at the end of the regular league season. Singles will be played on Monday and doubles will be played on Wednesday. The purpose of the Delta League Championship Tennis Tournament is to qualify two singles players and two doubles teams for the Division I Sac-Joaquin Section individual tennis playoffs (except in those years when the league is allotted a 3<sup>rd</sup> spot). There will be an 8:00 AM

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meeting where the seeding will take place for both the singles and doubles tournament. Seeding will be based on how well each individual performed during the regular Delta League season.

2. There will be a draw of 16 players for both the singles tournament and the doubles tournament. The final Delta League standings will determine the number of players each school will bring to the championship tournament. The 1<sup>st</sup> and 2<sup>nd</sup> place teams in the league standings will each bring 3 players and the 3<sup>rd</sup> through 7<sup>th</sup> place teams will each bring 2 players. This will create a draw of 16 total players.
  - a. During the draw process for singles, every effort will be made to avoid players from the same school meeting in the first round. The #1's and the #2's will not be on the same side of the draw but this will not be possible with the #3's. If a name is randomly drawn that does not meet the criteria for being placed on the next line, then the name will be placed back into the hat and another name will be drawn. Names will be drawn until the field of 16 is complete.
  - b. Doubles teams will not be seeded unless it is unanimously agreed upon by all of the coaches to do so. Each of the top two schools in the league standings will designate who the #1 through #3 teams are and the 3<sup>rd</sup> through 7<sup>th</sup> place teams will designate who the #1 and #2 teams are.
  - c. The first three rounds of the singles tournament will be played on the first day and the finals will be played on the same day as the doubles tournament. The same format of play will apply to the doubles tournament. If doubles teams from the same school are represented in the finals, they may choose to play at their home court. The head coaches will determine the length of time between each singles and doubles match.
  - d. Each match will consist of 2 out of 3 sets, no-add scoring. If the set is tied at 6-6 the 7-point tiebreaker will be implemented.
  - e. In the event of rain or other delay, flight #1&2 and super doubles takes precedence over all other matches and flights as they are the only flights that carry section ties.
  - f. In the event any of the representatives to the section tournament are unable to compete the singles player or doubles team that lost to them last will take their place.

#### **14.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League team of fifteen (15) players, which includes the Player of the Year. Automatic qualifiers for the All-League team will consist of the semi-finalists from flights #1 & #2 in singles (4) and the semifinalists from the super doubles (8). Coaches will vote for the remaining players to complete the team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

**14.06 POST-SEASON QUALIFICATION PROCESS**

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Greatest number of matches won in head to head competition.
7. Greatest number of sets won in head to head competition.
8. Greatest number of games won in head to head competition.
9. Greatest number of wins within the tie.
10. Greatest number of wins above the tie.
11. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
12. Greatest number of wins versus the next-placed team below the tie and moving downward.
13. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.

## **WOMEN'S AND MEN'S TRACK AND FIELD**

### **15.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **15.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section. A maximum of 2 meets per week, including invitationals, with an exception for rainouts. A maximum of two (2) scrimmages (time trials) will be allowed.

### **15.02 START DATES**

The CIF Sac-Joaquin Section will designate starting dates.

### **15.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **15.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. The order of events in league dual meets will follow the old section order of events (sprint hurdles first) with the exception of all classifications of 3200 meters, which are to be run before the 4 x 400 relays.
- C. There will be no limitation to the number of entrants per event in the league championship meet.
- D. The school that accumulates the most points using the following formula will determine the league championship.
  1. One (1) point awarded for a school defeated at a dual meet.
  2. One (1) point awarded for each school defeated at a Center Meet.
  3. Two (2) points awarded for each school defeated at the League Championships.

### **15.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

All-League selections will be determined by the first place finishers in each individual event at the championship meet. First place relay teams will also be considered All-League. Individuals are limited to one All-League patch regardless of the number of first place finishes he/she may earn. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League). Coaches are to select the Coach of the Year.

### **15.06 POST-SEASON QUALIFICATION PROCEDURE**

Post-Season qualification is determined by the Sac-Joaquin Section.

## **WOMEN'S AND MEN'S VOLLEYBALL**

### **16.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **16.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **16.02 START DATES**

Women: The CIF Sac-Joaquin Section will designate the starting dates.

Men: The CIF Sac-Joaquin Section will designate starting dates.

### **16.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **16.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and the League Commissioner by email, text, or call.
- B. The facility should be ready for warm-up thirty (30) minutes prior to the start of the match.
- C. There shall be two (2) officials for both the frosh/soph and varsity games and one official for the freshmen game. The home team will provide both lines people for the match. If one official fails to show the coaches must agree to:
  1. Play with one official.
  2. Use a player, teacher, or other person to be the second official for the duration of the match, or until the other official arrives. If no officials show, the coaches can wait one hour and then postpone the match, or they may agree to use a player, teacher, or other person to be the official.
- D. An eighteen (18) paneled leather volleyball with the National Federation authentication mark will be the official game ball.
- E. Warm-up time before freshmen, frosh/soph, and varsity matches will be nineteen (19) minutes in length:
  - 7 minutes, shared court, no hitting.
  - 6 minutes, visiting team hits/serves.
  - 6 minutes, home team hits/serves.

### **16.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the Coach of the Year and an All-League Team of fifteen (15) players, which includes the Player of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted

to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

### **16.06 POST-SEASON QUALIFICATION PROCEDURE**

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Set differential in league play between the two teams involved in the tie.
7. Point differential within all sets in league play between the two teams involved in the tie.
8. Greatest number of wins within the tie.
9. Greatest number of wins above the tie.
10. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
11. Greatest number of wins versus the next-placed team below the tie and moving downward.
12. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or

League Commissioner in the presence of representatives from schools involved.

## **WOMEN'S AND MEN'S WATER POLO**

### **17.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by the CIF or the Sac-Joaquin Section.

### **17.01 CONTACTS**

The number of scrimmages and allowable contests shall be determined by the Sac-Joaquin Section.

### **17.02 START DATES**

The CIF Sac-Joaquin Section will designate the starting dates.

### **17.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **17.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. Officials are to be ordered for all games.
- C. The home team will furnish 4 game balls – one for play, one for the desk and one counter ball for each bench – all of which must bear the National Federation authentication mark.
- D. The home team will wear dark colored caps and the visitors will wear white caps.
- E. Make-up league games must be scheduled for the first available date and played in the order of cancellations. Once a game has been re-scheduled the new date takes precedence and acts as a revised schedule. An administrative veto is permissible only in cases of “exceptional” difficulties - lack of transportation, officials, or school closure being deemed “exceptional.” This veto may not be invoked by the coach or athletic director, but must come directly from the school’s administrative office. Saturdays are optional.

### **17.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

Varsity coaches will meet at the end of the league season to select the men’s and women’s Coaches of the Year and the men’s and women’s All-League teams of fourteen (14) players each, which will include the men’s and women’s Players of the Year. The first vote taken will include only those players nominated for Player of the Year. Once that vote is complete, another vote will be conducted to select the remainder of the All-League Team. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League).

## 17.06 POST-SEASON QUALIFICATION PROCEDURE

The following procedure shall be used to break ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to participate.
  - a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
  - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
  - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
5. Head to head competition (involves only contests played within league schedule).
6. Goal differential between the two teams involved in the tie (not to exceed more than 10 goals in any single game).
7. Greatest number of wins within the tie.
8. Greatest number of wins above the tie.
9. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
10. Greatest number of wins versus the next-placed team below the tie and moving downward.
11. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.



## **MEN'S AND WOMEN'S WRESTLING**

### **18.00 GOVERNING RULES**

The National Federation rules shall govern all play except whereas modified by CIF or Sac-Joaquin Section.

### **18.01 CONTACTS**

Each wrestler will be allowed a maximum of 40 competition matches prior to the league tournament, excluding the section dual championships.

### **18.02 START DATES**

The CIF Sac-Joaquin Section will designate starting dates

### **18.03 PLAYER CLASSIFICATION**

An athlete eligible in all respects—academic, age, and grade level competition—move from one athletic classification to another (varsity, junior varsity, etc.). However, they may not compete in more than one classification in one day. The number of contacts applies to the number of both team and individual contacts.

### **18.04 RULES OF THE SPORT**

- A. All teams are responsible to report scores to the CIFSJS digital provider, and League Commissioner by email, text, or call.
- B. In tournaments, every match in which a wrestler competes counts as a match.
- C. In dual/tri/double-dual and dual meet tournaments every match that a wrestler has counts as one match.
- D. Weigh-ins will be held in accordance with the NFHS Rulebook. Scales will be available for both teams prior to the weigh-in. All weight classifications will follow section regulations
- E. Uniforms and equipment will follow Sac-Joaquin Section rules.
- F. No dual matches are to be held after the league tournament.
- G. The dual match league record will determine the league champion.
- H. A Delta League team champion will be recognized only if a minimum of three schools have wrestlers in seven different weight classifications on their roster on the day of the first league dual match(es).

### **18.05 ALL-LEAGUE AWARDS AND SELECTION PROCESS**

All-League selections will be determined by the first place finishers in each individual event at the league championship meet. One individual per school shall be selected for the Sportsmanship Award (not a member of the All-League). Coaches are to select the Coach of the Year.

### **18.06 POST-SEASON QUALIFICATION PROCEDURE**

The Sac-Joaquin Section determines post-season qualification for individuals.

The following procedure shall be used to break team ties in the order as listed:

1. If there is a tie for first place between a Division 1 school and a Division 2 school, the Division 2 school will first choose what post-season Division to

- participate.
- a. If the Division 2 school decides to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes.
  - b. If the Division 2 school decides to participate in Division 1 for post-season purposes, the outlined procedure below will be used to break that tie.
2. If there is a 3-way tie (or more) for first place between Division 1 and Division 2 schools, the Division 2 school(s) will first choose what post-season Division to participate.
    - a. If there are multiple Division 2 schools tied and all decide to participate in Division 2 for post-season purposes, the Division 1 school tied will be declared the league champion for post-season purposes. If multiple Division 1 schools remain, the outlined procedure below will be used to break that tie.
    - b. If there are multiple Division 2 schools tied and any decide to participate in Division 1 for post-season purposes, the Division 1 school(s) and those Division 2 schools will use the outlined procedure below to break that tie.
  3. If a tie exists between two teams for the last-postseason qualifier, and only one of the teams is ranked in the Top-15 MaxPreps ranking, the team that is NOT ranked is awarded the post-season qualification.
  4. If a 3-way tie (or more) exists for the last post-season qualifier, any teams that are ranked in the Top-15 MaxPreps ranking will lose the tie-breaker. If one team remains that team is awarded post-season qualification. If multiple teams remain, the remaining teams will follow the outline procedure below.
  5. Head to head competition (involves only contests played within league schedule).
  6. The number of pins in head to head competition.
  7. Greatest number of wins within the tie.
  8. Greatest number of wins above the tie.
  9. Greatest number of wins versus the highest-placed team above the tie and moving downward to the tie.
  10. Greatest number of wins versus the next-placed team below the tie and moving downward.
  11. The team with the higher MaxPreps ranking (if MaxPreps rankings are used by the CIFSJS for post-season qualification). Otherwise, if a tie still exists, then there will be a coin flip conducted by the League President or League Commissioner in the presence of representatives from schools involved.

**APPENDIX A**

**SCHEDULE FOR HOSTING**  
**Delta League Championship Events**

	<b>2024-2025</b>	<b>2025-2026</b>	<b>2026-2027</b>	<b>2027-2028</b>
<b>Girls Tennis</b>	Cosumnes Oaks @ Laguna Creek Racquet Club	Laguna Creek @ Laguna Creek Racquet Club	Franklin @ Laguna Creek Racquet Club	Pleasant Grove @ Laguna Creek Racquet Club
<b>Wrestling</b>	Elk Grove	Monterey Trail	Laguna Creek	Sheldon
<b>Swimming</b>	Cosumnes Oaks @ District 56	Monterey Trail @ District 56	Laguna Creek @ District 56	Sheldon @ District 56
<b>Boys Tennis</b>	Cosumnes Oaks @ Laguna Creek Racquet Club	Laguna Creek @ Laguna Creek Racquet Club	Franklin @ Laguna Creek Racquet Club	Pleasant Grove @ Laguna Creek Racquet Club
<b>Track</b>	Elk Grove	Elk Grove	Elk Grove	Laguna Creek

**Note: Sites that do not include a rental fee will be given preference in order to keep league dues at a reasonable level.**

**APPENDIX B**

**Delta League  
Bylaw Change Form**

This form must be completed with appropriate documentation and include the signature of the Sport Representative, and must be presented to his/her Athletic Director for his/her signature at least two weeks prior to the next scheduled Athletic Director's meeting. If approved by the Athletic Directors, it will be presented at the next regularly scheduled Delta League Administrative Council meeting for a first reading. A vote shall then be taken at the next regularly scheduled meeting following the first reading and may be passed with a 2/3 majority vote. Bylaw amendments designated as urgent and approved by 2/3 of the voting members may take effect after a first reading.

Sport (if needed): \_\_\_\_\_ Date Submitted to Sport Rep (if needed): \_\_\_\_\_

Existing Bylaw # (if needed): \_\_\_\_\_

Proposed Language Change to Bylaw/Proposed New Bylaw:

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Originating Coach Signature (if sport specific): \_\_\_\_\_ Date: \_\_\_\_\_

Sport Rep. Signature (if sport specific): \_\_\_\_\_ Date: \_\_\_\_\_

Athletic Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

	<b>Coaches Vote</b>		<b>AD Vote</b>		<b>AC Vote</b>	
Cosumnes Oaks	Y	N	Y	N	Y	N
Elk Grove	Y	N	Y	N	Y	N
Franklin	Y	N	Y	N	Y	N
Laguna Creek	Y	N	Y	N	Y	N
Monterey Trail	Y	N	Y	N	Y	N
Pleasant Grove	Y	N	Y	N	Y	N
Sheldon	Y	N	Y	N	Y	N